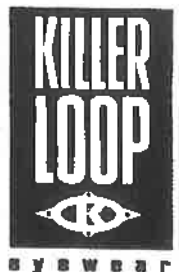




NEPEAN TRIATHLON

Nepean Enticer

2000 RACE RESULTS



www.nepeantriathlon.com

TO ALL COMPETITORS

Congratulations to everyone who completed the 2000 WESTERN WEEKENDER Nepean and Nepean Enticer Triathlons including our two Nepean winners Leigh Chapman and Lena Edmonston.

Thanks to all our Sponsors, particularly Western Weekender, Panthers, Universe Cycles, New Balance, Hot Designs, Killer Loop sunglasses, Bell Sports and Profile. Also thanks to our finish area sponsors Powerade, Kelloggs, and PowerBar. Please support them as they are responsible for ensuring that the Nepean Triathlon weekend continues to be the best value triathlon in Australia.

Thanks also to the many sporting and community clubs that supply the 150 first aid officials and course marshals on the day. Thanks also to Triathlon NSW for providing our race referee Helen Topler judges and officiating on the bike leg.

Congratulations to our six 19 time finishers - Peter Smith, Greg Davies, Eugene Irvin, Greg Chapman, Glen Mallard and Trevor Hamilton. These six competed in the first triathlon in Australia and have done so for 19 years without missing one race which is definitely an Australian record and probably a world record.

We hope you enjoyed our race and hope to see you again in 2001. This race will be our 20th anniversary and we are planning a few surprises to make the day a huge success.

Warwick Brennan, Judy Towns and the Nepean Triathlon Committee.



LEIGH TAKES TITLE

Ideal conditions

PENRITH triathlete Leigh Chapman made it two in a row when he won the Nepean Triathlon sponsored by Panthers on Sunday, leading home the huge field of 650 competitors.

Chapman took the race in 1hr 31mins 42secs from Aaron Farlow from Dubbo in 1hr 33mins 08secs with last year's third placegetter Chris Dmitroff, from the Central Coast, again third in 1hr 33mins 28secs.

Triathlon grand prix star Lena Edmonston led throughout the race to win the women's crown in 1hr 42mins 15secs from last years winner Melissa Van de Water in 1hr 43mins 54.6secs.

She just edged out Colleen McCarthy by two secs in the closest sprint finish in race history.

Excellent weather conditions greeted the 800 athletes in both the Saturday afternoon

11secs), Sean Brunt fifth outright and second in the Men's 25-29 Category (1hr 34mins 45secs) and Wallacia's Graham Smith second in the mens 50-54 Category (1hr 48min 12secs).

Saturday afternoon set the stage with the Nepean Enticer.

This mini-triathlon is designed for juniors and

newcomers to the sport and locals to place in the various categories were Brittany Orr, Melinda Vernon, Jan Easom, Richard Baldocchino, Adrian Cominotto, Steven Swan, Phil Mallitt and Steve Lower.

This race is gaining in popularity with entries doubling the 1999 race with many entering to try

the sport for the first time.

The presentation for the Nepean Triathlon was conducted by both local Member and Federal Sport and Tourism Minister Jackie Kelly and Penrith Mayor David Bradbury, who both indicated they would love to have a go in the race next year.

Enticer race and Sunday's Nepean in the weekend of racing.

The two races were held at the local showpiece, the International Regatta Centre, which is getting a strong triathlon presence.

Other local triathletes to feature in the category prizes were Carmen MacDonald, second in the Ladies 19 and Under (1hr 55mins 03secs), Samantha Grenside third in the Ladies 30-34 category (2hr 01min

A huge turnout is expected for next year's Nepean Triathlon with the 20th anniversary race.

The six competitors who have completed all 19 Nepeans, Glenn Mallard, Greg Chapman, Peter Smith, Greg Davies, Eugene Irvin and Trevor Hamilton have all committed to come back for number 20.

The race organisers, Warwick Brennan and Judy Towns, would like to thank everyone who assisted over the weekend including the RTA, Sgt John Milton from Penrith Police and Craig Ross from Penrith Council who combined to shut Castlereagh Rd for the cycle cycle allowing the race to be the safest on the triathlon calendar.



No traffic jams . . . crossing the bridge at the International Regatta Centre

Nepean Enticer 2nd December 2000

19 & Under Male

<u>Cat.</u> <u>Place</u>	<u>Outright</u> <u>Place</u>	<u>Cat.</u>	<u>Time</u>	<u>Race</u> <u>Number</u>		
1	1	A	32.00	131	Lee	Brett
2	3	A	33.49	110	Baldacchin	Richard
3	6	A	35.59	117	Cominotto	Adrian
4	7	A	36.06	114	Stark	Adrian
5	8	A	36.34	100	Strong	Stuart
6	10	A	37.08	122	Morehead	Simon
7	14	A	37.24	128	Hennessey	Matthew
8	15	A	37.49	111	Baldacchin	Patrick
9	17	A	38.21	109	Jones	Brent
10	26	A	39.32	121	Miller	Grant
11	29	A	39.53	126	Cooper	Andrew
12	32	A	40.18	102	Ervan	Andrew
13	33	A	40.20	129	Donkin	Matthew
14	40	A	41.01	124	Stanowski	Matthew
15	43	A	42.14	116	Grosse	Timothy
16	45	A	42.26	112	Baines	Joel
17	46	A	42.27	104	Scanlon	Chris
18	53	A	43.42	133	Tuting	Anthony
19	59	A	44.42	130	Edmonson	Luke
20	60	A	44.42	101	Kobler	Simon
21	61	A	44.52	113	Evans	Brett
22	63	A	45.06	123	Jones	Chris
23	64	A	45.20	115	Ellis	Luke
24	66	A	45.30	106	Eykhof	Jake
25	78	A	46.57	107	Kobler	David
26	81	A	47.17	105	Pettir	Matthew
27	98	A	50.12	103	George	Calum
28	102	A	51.44	132	Tye	Mitchell
29	103	A	51.44	108	Jeffries	Mitchell
30	105	A	52.27	118	Boiden	Paul
31	110	A	56.52	125	Nealand	Clinton
32	116	A	64.00	120	Kerfoot	Dean
33	117	A	64.00	119	Kerfoot	Joshua

20-39 Male

<u>Cat.</u> <u>Place</u>	<u>Outright</u> <u>Place</u>	<u>Cat.</u>	<u>Time</u>	<u>Race</u> <u>Number</u>		
1	2	B	33.18	240	Stanfoeld	Andrew
2	5	B	35.46	241	Cole	Brent
3	12	B	37.12	217	Swan	Steven
4	13	B	37.18	201	Fung	Timothy
5	16	B	38.17	234	Theunissen	Wayne
6	21	B	38.59	213	Bova	Stephen
7	22	B	39.17	237	Hojlund	Ronnie
8	23	B	39.26	244	Walker	Grant
9	24	B	39.28	221	Cominotto	Martin
10	25	B	39.28	236	Morris	Darren
11	30	B	40.07	215	Cushing	Martin
12	31	B	40.16	233	Drury	David
13	34	B	40.28	225	Lindrop	Tim
14	36	B	40.49	207	McMurray	Peter
15	41	B	41.54	219	Evans	Geoff
16	42	B	42.03	200	Spain	Greg
17	44	B	42.22	204	Letcher	Richard
18	49	B	42.51	209	Lynch	Mark
19	52	B	43.26	231	Thorpe	Gavin
20	54	B	43.43	220	Leonard	Damian
21	55	B	43.50	232	Ryan	Peter
22	56	B	43.56	242	Brien	Daniel
23	67	B	45.31	239	Cole	Shane
24	68	B	45.44	228	Brown	Andrew
25	69	B	46.00	245	Daley	Sean
26	73	B	46.33	238	Richardson	Andrew
27	75	B	46.45	203	Short	Ian
28	76	B	46.54	202	Ellis	Grant
29	80	B	47.10	210	Field	Brendan
30	84	B	47.48	248	Daley	Michael
31	85	B	48.38	230	Thorpe	Graeme
32	86	B	48.43	227	Check	Jason
33	88	B	48.44	235	Masters	Stephen
34	89	B	49.00	243	Taylor	Ricky
35	92	B	49.34	226	Morris	David
36	96	B	49.54	218	Agliaro	Steven

40 & Over Male

<u>Cat.</u> <u>Place</u>	<u>Outright</u> <u>Place</u>	<u>Cat.</u>	<u>Time</u>	<u>Race</u> <u>Number</u>		
1	19	C	38.50	223	Mallitt	Phil
2	20	C	38.56	214	Lower	Steve
3	27	C	39.49	246	McCarthy	Paul
4	48	C	42.46	205	Kobler	Laurie
5	50	C	43.04	216	Radecki	Terry
6	51	C	43.14	206	Franchi	Moreno
7	72	C	46.27	247	Gradden	Geoff
8	87	C	48.43	212	Lawton	Greg
9	90	C	49.05	222	Wright	Allan

19 & Under Female

<u>Cat.</u> <u>Place</u>	<u>Outright</u> <u>Place</u>	<u>Cat.</u>	<u>Time</u>	<u>Race</u> <u>Number</u>		
1	4	D	34.00	10	Fisher	Yvette
2	9	D	36.47	6	Orr	Brittany
3	11	D	37.08	16	Vernon	Melinda
4	28	D	39.49	1	Hiser	Alexis
5	35	D	40.38	14	Wilcock	Rebecca
6	37	D	40.49	7	Bryan	Sarah
7	62	D	45.03	4	Fanning	Samantha
8	70	D	46.08	9	Baines	Kelly
9	71	D	46.19	13	Meadows	Victoria
10	74	D	46.44	18	Bennett	Haylie
11	77	D	46.56	17	Worboys	Trudy
12	97	D	49.55	19	Diffey	Emma
13	106	D	52.52	8	Baines	Karina
14	108	D	54.22	11	Evans	Larissa
15	113	D	60.20	15	Boiden	Ruth
16	114	D	60.56	2	Wilson	Charlotte
17	119	D	65.56	12	Dobson	Beverley

20-39 Female

<u>Cat.</u> <u>Place</u>	<u>Outright</u> <u>Place</u>	<u>Cat.</u>	<u>Time</u>	<u>Race</u> <u>Number</u>		
1	18	E	38.21	67	Tulic	Samantha
2	38	E	40.49	51	Eaton	Lisa
3	39	E	40.56	74	Zorit	Carmel
4	47	E	42.45	55	Anderson	Joanne
5	57	E	44.34	65	Dawson	Fionnuala
6	58	E	44.34	64	Hennessy	Karen
7	79	E	47.08	54	McMurray	Lee-Ann
8	83	E	47.34	62	Bautovich	Tanya
9	91	E	49.24	68	Thurston	Sarah-Jane
10	93	E	49.34	70	Furness	Amanda
11	94	E	49.37	69	Gould	Angela
12	95	E	49.46	72	Dent	Joanne
13	99	E	50.22	56	Greenwood	Penny
14	100	E	50.33	66	Symons	Katherine
15	101	E	51.36	60	Romiti	Maria
16	104	E	51.52	50	Coulson	Lisa
17	107	E	53.48	58	Oakley	Helen
18	109	E	55.30	59	Masters	Kate
19	111	E	58.28	71	Jackwitz	Pauline
20	112	E	59.14	52	Ellis	Suzanne
21	115	E	61.42	63	Pitt	Mellisa
22	118	E	64.12	3	Wilson	Carol

40 & Over Female

<u>Cat.</u> <u>Place</u>	<u>Outright</u> <u>Place</u>	<u>Cat.</u>	<u>Time</u>	<u>Race</u> <u>Number</u>		
1	65	F	45.28	53	Easom	Jan.
2	82	F	47.32	73	Rook	Kim

Nepean Triathlon 2000

Outright Females			Outright Males		
Plc	Name	Time	Plc	Name	Time
1	Helena Edmonston	1:42:15.5	1	Leigh Chapman	1:31:42.2
2	Melissa Vandewater	1:43:54.6	2	Aaron Farlow	1:33:08.1
3	Colleen McCarthy	1:43:54.8	3	Chris Dmitrieff	1:33:28.9
Females Under 20			Males Under 20		
Plc	Name	Time	Plc	Name	Time
1	Nicole Morrison	1:51:07.9	1	Aaron Farlow	1:33:08.8
2	Carmen MacDonald	1:55:03.8	2	Benjamin Harley	1:34:56.3
3	Sarah Glasson	1:58:28.2	3	Steven Plain	1:36:44.7
Females 20-24			Males 20-24		
Plc	Name	Time	Plc	Name	Time
1	Melissa Vandewater	1:43:54.6	1	Leigh Chapman	1:31:42.2
2	Caroline Wallace	1:45:42.7	2	Chris Dmitrieff	1:33:28.7
3	Naomi Marsh	1:48:42.8	3	Paul Healey	1:35:21.4
Females 25-29			Males 25-29		
Plc	Name	Time	Plc	Name	Time
1	Helena Edmonston	1:42:15.5	1	Hugh Bonney	1:34:28.7
2	Colleen McCarthy	1:43:54.8	2	Sean Brunt	1:34:45.4
3	Vicky Voyzey	1:44:25.7	3	Justin Granger	1:35:24.1
Females 30-34			Males 30-34		
Plc	Name	Time	Plc	Name	Time
1	Nicole Foley	1:48:21.6	1	Andy Foggin	1:37:16.5
2	Lée Fanning	2:00:36.4	2	Mark Rossetto	1:37:30.1
3	Samantha Grenside	2:01:11.7	3	Shaun Moss	1:39:42.0
Females 35-39			Males 35-39		
Plc	Name	Time	Plc	Name	Time
1	Julie Foster	1:51:10.2	1	Grant Giles	1:35:23.6
2	Susan Murray	1:51:34.4	2	Spot Anderson	1:36:17.3
3	Evelyn Stevenson	1:54:29.8	3	Michael Roberts	1:39:09.6
Females 40-44			Males 40-44		
Plc	Name	Time	Plc	Name	Time
1	Linda Hescott	1:55:14.5	1	Phillip Baigent	1:42:19.7
2	Sharon Lane	1:56:52.4	2	John Hill	1:43:18.2
3	Kim Foster	2:00:13.9	3	John Hickey	1:43:30.9
Females 45-49			Males 45-49		
Plc	Name	Time	Plc	Name	Time
1	Gillian McDonald	2:03:30.7	1	David Baigent	1:40:54.7
2	Rita Mein	2:06:04.0	2	Gary Lloyd	1:47:12.8
3	Carla Horwood	2:07:39.0	3	Peter Thomas	1:49:07.3
Females 50			Males 50-54		
Plc	Name	Time	Plc	Name	Time
1	Anne Simmons	2:29:15.3	1	Anthony James	1:48:12.9
2	Lynne McGregor	2:39:51.1	2	Graham.J Smith	1:49:00.7
			3	Doug Edwards	1:49:11.5
Males 60+			Males 55-59		
Plc	Name	Time	Plc	Name	Time
1	Bill Raimond	1:57:22.7	1	David Wilson	1:54:51.2
2	Bruce Higginbotham	2:05:26.5	2	Peter Maundrell	1:58:27.3
3	Justin Paine	2:09:16.9	3	Jack Robertson	1:59:49.0

Nepean Triathlon

Category Results

Females Under 20

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Nicole Morrison	Mingara	232	1:51:07.9	135	0:13:02.8	30	1	0:55:44.1	290	2	0:42:21.0	139	1
2	Carmen MacDonald	Panthers	271	1:55:03.8	203	0:14:05.2	57	2	0:52:46.4	175	1	0:48:12.2	344	3
3	Sarah Glasson	Hornsby	281	1:58:28.2	264	0:16:21.1	198	3	0:57:49.7	378	3	0:44:17.4	202	2
4	Sara Gardiner		250	2:26:18.9	554	0:21:48.9	538	5	1:04:44.7	527	4	0:59:45.3	553	4
5	Anita Reynolds	Panthers	278	2:32:41.4	571	0:18:23.3	381	4	1:07:25.2	551	5	1:08:52.9	580	5

Females 20-24

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Melissa Vandewater	Hills	222	1:43:54.6	60	0:14:36.1	82	6	0:50:25.4	95	1	0:38:53.1	49	1
2	Caroline Wallace	Cowra	231	1:45:42.7	74	0:14:10.0	60	3	0:50:27.8	97	2	0:41:04.9	104	3
3	Naomi Marsh	Warringah	266	1:48:42.8	101	0:14:44.1	90	7	0:52:38.1	166	3	0:41:20.6	113	4
4	Yvette Clements	Warringah	307	1:49:23.4	112	0:15:59.9	168	9	0:52:45.0	170	4	0:40:38.5	87	2
5	Bernadette Bellwood		306	1:54:31.9	194	0:12:36.7	13	1	0:56:41.9	330	12	0:45:13.3	241	7
6	Sarah Tahmoor	Macarthur	312	1:55:37.2	216	0:20:20.3	487	18	0:52:55.2	179	5	0:42:21.7	141	6
7	Cheryl Webb	Panthers	238	1:55:40.5	217	0:18:32.4	387	16	0:55:34.4	284	10	0:41:33.7	118	5
8	Janelle MacKenzie	Hills	240	1:58:07.1	260	0:13:19.5	38	2	0:53:49.0	214	6	0:50:58.6	437	11
9	Danika Greenhalf	Warringah	258	1:59:10.3	278	0:16:20.6	196	11	0:55:14.6	270	8	0:47:35.1	323	9
10	Belinda Diprose		301	1:59:28.7	281	0:17:46.4	339	14	0:54:43.8	253	7	0:46:58.5	303	8
11	Nerida Spier	BRATS	295	2:04:59.3	380	0:18:01.1	360	15	0:58:04.5	389	13	0:48:53.7	375	10
12	Julie Baracz		234	2:05:37.9	389	0:16:12.4	184	10	0:55:28.7	281	9	0:53:56.8	496	13
13	Karen Kniff	Cronulla	316	2:08:28.6	415	0:14:15.1	66	4	0:56:07.1	305	11	0:58:06.4	539	16
14	Vanessa Potter	Cronulla	333	2:08:31.7	416	0:15:18.6	122	8	0:59:42.2	441	14	0:53:30.9	486	12
15	Claire Nichols	Tomaree	254	2:15:08.2	493	0:14:29.9	75	5	1:04:13.0	523	17	0:56:25.3	527	15
16	Susan Heaney	Lake Macquarie	245	2:15:09.8	494	0:16:28.6	210	12	1:02:58.0	504	16	0:55:43.2	519	14
17	Margaret Oeehan	Hills	313	2:18:41.3	523	0:17:11.1	284	13	1:02:16.9	488	15	0:59:13.3	547	17
18	Catherine Holliday		314	2:26:20.9	555	0:18:48.2	410	17	1:07:47.8	555	18	0:59:44.9	552	18

Females 25-29

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Helena Edmonston	Cronulla	311	1:42:15.5	44	0:13:01.3	28	1	0:50:31.8	98	3	0:38:42.4	44	1
2	Colleen McCarthy		273	1:43:54.8	61	0:14:22.7	72	3	0:50:12.9	88	2	0:39:19.2	62	3
3	Vicky Voyzey	Tomaree	300	1:44:25.7	64	0:14:32.4	77	4	0:50:36.8	99	4	0:39:16.5	60	2
4	Lisa Fletcher	Panthers	202	1:50:54.9	132	0:16:42.9	237	12	0:49:28.8	67	1	0:44:43.2	219	5
5	Heldi Rickard	Panthers	310	1:51:31.5	141	0:13:56.3	53	2	0:52:56.4	181	7	0:44:38.8	215	4
6	Simone Bonney	Tomaree	317	1:53:44.0	180	0:14:38.3	85	5	0:52:55.1	178	6	0:46:10.8	278	7
7	Belinda Ryan	BRAT	292	1:57:48.0	251	0:16:23.0	200	10	0:52:59.3	185	8	0:48:25.7	357	9
8	Petrina Cox	STEAM	239	1:57:52.5	253	0:14:50.5	98	6	0:52:37.5	165	5	0:50:24.5	420	17
9	Robyn Low		303	2:00:44.5	303	0:16:09.1	177	8	0:54:39.7	251	9	0:49:55.7	402	14
10	Rebecca-Jane Wolfe	BRAT	279	2:00:53.5	305	0:18:50.8	419	22	0:56:08.1	306	11	0:45:54.6	268	6
11	Helen Butt	St Ives	244	2:02:39.8	343	0:18:04.3	364	19	0:56:08.4	307	12	0:48:27.1	358	10
12	Kerrie Taylor		276	2:03:26.7	354	0:17:48.0	344	15	0:56:01.0	302	10	0:49:37.7	392	12
13	Jodie Linsley	Hills	318	2:04:00.8	367	0:19:30.4	445	24	0:56:19.9	314	14	0:48:10.3	343	8
14	Linda Van-Derveen	Cronulla	284	2:06:32.5	400	0:16:32.6	217	11	0:58:58.2	429	19	0:51:01.7	441	18
15	Cathryn Croudace	LAPD	274	2:06:56.7	402	0:17:25.9	312	14	0:57:25.1	359	16	0:52:05.7	468	21
16	Rebecca May	Dubbo	283	2:06:57.5	403	0:17:56.0	355	17	1:00:25.7	454	21	0:48:35.8	364	11
17	Julie Ashwood		267	2:07:47.5	411	0:17:59.7	357	18	0:56:12.8	310	13	0:53:35.0	489	22
18	Sandra Raikuna		230	2:09:18.2	429	0:21:33.8	530	26	0:57:47.3	376	17	0:49:57.1	404	15
19	Rebecca Bush	Cronulla	228	2:09:46.9	434	0:17:55.4	354	16	0:56:56.9	340	15	0:54:54.6	510	23
20	Debbie Schroeder		221	2:13:10.9	474	0:15:03.7	110	7	1:06:41.0	544	26	0:51:26.2	452	20
21	Kylie Brophy		247	2:13:12.5	475	0:16:13.4	185	9	1:01:15.8	467	22	0:55:43.3	520	28
22	Lisa Swan		269	2:13:27.2	478	0:18:43.8	405	21	0:59:40.4	440	20	0:55:03.0	511	24
23	Katrina Haddrill	LAPD	256	2:14:23.0	487	0:19:00.7	426	23	1:05:11.8	531	24	0:50:10.5	412	16
24	Tunde Berryhill	Concord	236	2:15:05.8	492	0:18:18.8	374	20	0:58:48.7	421	18	0:57:58.3	537	27
25	Karen Bartkiewicz		304	2:17:18.0	515	0:22:57.2	581	28	1:03:13.1	508	23	0:51:05.7	444	19
26	Nadene Serman	BRATS	290	2:20:25.1	537	0:23:10.2	568	29	1:07:37.0	553	27	0:49:37.9	393	13
27	Melissa Boucher		251	2:25:29.8	553	0:16:48.9	247	13	1:08:25.0	543	25	1:02:15.9	565	28
28	Paula Bartkiewicz		226	2:42:35.3	586	0:22:44.0	557	27	1:16:41.3	584	28	1:03:10.0	571	29
29	Sara Wakefield		299	2:44:01.9	588	0:20:35.9	498	25	1:28:00.8	588	29	0:55:25.2	516	25

Females 30-34

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Nicole Foley	BRATS	285	1:48:21.6	97	0:15:16.3	119	2	0:51:56.5	144	1	0:41:08.8	108	1
2	Lee Fanning	Kiama	219	2:00:36.4	300	0:16:10.8	183	4	0:57:08.5	345	7	0:47:17.1	312	3
3	Samantha Grenside	Panthers	211	2:01:11.7	311	0:17:01.8	269	6	0:52:24.6	158	2	0:51:45.3	457	10
4	Josette Rankin	Engadine	296	2:01:13.1	313	0:16:50.0	248	6	0:56:28.1	323	6	0:47:55.0	333	6
5	Diana Code	Port Macquarie	294	2:01:32.9	322	0:18:27.8	384	11	0:55:44.7	291	5	0:47:20.4	314	4
6	Rebecca Scott	LAPD	308	2:01:45.7	327	0:16:26.2	207	5	0:53:31.7	204	3	0:51:47.8	459	11
7	Jennifer Monorieff	Hills	204	2:03:35.3	358	0:14:17.0	67	1	1:00:48.8	462	12	0:48:29.5	360	7
8	Sally Taggart		287	2:04:08.0	368	0:19:46.2	457	12	0:58:46.9	419	10	0:45:34.9	257	2
9	Tonia Crawford	Lake Macquarie	272	2:04:51.2	378	0:15:37.9	148	3	0:54:21.3	235	4	0:54:52.0	508	13
10	Cynthia Ryan	BRAT	293	2:06:00.8	393	0:16:58.1	262	7	1:00:12.7	449	11	0:48:50.0	372	8
11	Margaret MacDonald	Newcastle	237	2:09:16.3	427	0:21:20.9	522	14	0:58:26.6	405	6	0:49:28.6	387	9
12	Mary Yule		220	2:16:18.7	505	0:17:46.5	340	9	1:11:00.7	573	16	0:47:31.5	318	5
13	Debbi Henniker	Hills	208	2:17:01.7	513	0:17:49.6	346	10	0:58:40.6	414	9	1:00:31.5	558	16
14	Jillian Hennessy	BRAT	248	2:19:07.5	527	0:21:40.3	533	15	1:02:14.6	487	13	0:55:12.6	512	14
15	Leilah Hall		210	2:20:20.9	535	0:20:49.1	505	13	1:07:03.6	549	14	0:52:28.2	474	12
16	Jo-Ann Kelly		261	2:30:07.3	566	0:22:35.6	553	16	1:09:57.4	567	15	0:57:34.3	534	15

Females 35-39

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Julie Foster	Macarthur	302	1:51:10.2	136	0:15:47.0	155	4	0:53:46.1	212	4	0:41:37.1	119	1
2	Susan Murray	LAPD	216	1:51:34.4	143	0:16:26.7	208	7	0:52:08.5	153	1	0:42:59.2	158	2
3	Evelyn Stevenson	Hornsby	286	1:54:29.8	192	0:14:10.7	62	1	0:55:23.8	275	7	0:44:55.3	230	3
4	Wendy Sharp	Panthers	309	1:55:23.2	212	0:14:55.0	103	2	0:52:13.7	157	2	0:48:14.5	347	6
5	Jane Demeral	Balmoral	257	1:57:10.5	240	0:16:16.4	192	6	0:54:37.3	248	5	0:46:16.8	281	4
6	Linda Smith	Warringah	305	1:57:27.9	247	0:17:15.6	292	10	0:53:25.2	198	3	0:46:47.1	296	5
7	Shari Hogan	Cronulla	217	2:00:02.3	287	0:15:34.5	143	3	0:54:53.2	259	6	0:49:34.6	389	7
8	Caroline Paterson	Warringah	289	2:08:07.8	396	0:19:03.6	430	15	0:56:33.3	324	8	0:50:30.9	426	8
9	Marian Gray	Warringah	268	2:07:08.0	405	0:16:02.8	169	5		0	0	1:51:05.2	591	17
10	Roseanne Drew	Lake Macquarie	252	2:08:21.8	413	0:17:54.5	352	11	0:57:08.7	346	9	0:53:18.6	484	9
11	Catherine Toby	Mingara	225	2:11:00.2	451	0:18:49.8	416	14	0:57:57.4	385	10	0:54:13.0	501	10
12	Wendy Thomas	Warringah	277	2:11:31.4	458	0:17:06.4	275	9	0:58:24.5	402	11	0:56:00.5	523	13
13	Irene Burkett	Engadine	315	2:15:24.4	496	0:16:27.9	209	8	1:04:03.3	522	15	0:54:53.2	509	12
14	Jennifer Ferris	Kiama	209	2:16:00.6	501	0:18:38.7	398	13	0:58:24.8	403	12	0:58:57.1	544	14
15	Kim Tudjman	Engadine	270	2:16:46.8	509	0:18:37.2	393	12	1:03:43.8	518	14	0:54:25.8	503	11
16	Janet Moore		255	2:22:09.2	543	0:19:28.3	444	16	1:03:36.4	516	13	0:59:04.5	545	15
17	Marion Gowing	Panthers	241	2:34:44.2	574	0:21:52.5	539	17	1:04:16.4	524	16	1:08:33.3	584	16

Females 40-44

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Linda Hescott		205	1:55:14.5	209	0:15:20.1	126	1	0:52:45.7	172	1	0:47:08.7	306	4
2	Sharon Lane	Panthers	235	1:56:52.4	233	0:17:21.0	303	4	0:54:17.8	233	2	0:45:13.6	243	1
3	Kim Foster	Cronulla	227	2:00:13.9	291	0:17:54.2	350	8	0:55:44.8	292	4	0:46:34.9	289	3
4	Donna Hickey	Gunnedah	243	2:01:15.2	314	0:16:34.1	220	3	0:58:58.3	430	7	0:45:42.8	261	2
5	Karen Lethlean		242	2:01:53.7	330	0:16:09.4	179	2	0:54:53.1	258	3	0:50:51.2	436	8
6	Teresa Kuneva	Kiama	298	2:05:59.6	392	0:19:02.5	429	7	0:57:52.4	381	5	0:49:04.7	382	5
7	Ronda Gainsford		260	2:11:09.4	455	0:20:59.6	512	13	0:59:26.2	437	8	0:50:41.6	429	6
8	Natalie Mort	Cronulla	224	2:12:19.5	466	0:19:07.7	433	8	1:01:23.0	468	9	0:51:48.8	460	9
9	Trish Guy	Lake Macquarie	218	2:16:59.0	511	0:17:50.7	347	5	0:58:10.0	395	6	1:00:58.3	561	12
10	Joan Eisenhuth	Macarthur	291	2:17:18.9	516	0:19:35.2	449	10	1:06:57.0	546	13	0:50:46.7	433	7
11	Felicity Taylor-Edward	Cowra	280	2:17:34.0	518	0:19:08.5	434	9	1:01:38.4	473	10	0:56:47.1	529	10
12	Jeanette Patamia	LAPD	259	2:24:00.8	551	0:20:38.8	499	12	1:02:51.4	498	11	1:00:30.6	557	11
13	Linda Jonkers	Cowra	262	2:29:47.2	565	0:19:47.1	459	11	1:06:47.3	545	12	1:03:12.8	572	13
14	Michelle Millar	Mingara	246	2:41:37.1	584	0:22:16.3	547	14	1:13:12.0	578	14	1:08:08.8	579	14

Females 45-49

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Gillian McDonald		214	2:03:30.7	356	0:17:11.5	286	1	0:58:19.7	399	3	0:47:59.5	339	2
2	Rita Mein	Sth Highlands	264	2:06:04.0	395	0:20:44.2	502	5	0:57:47.4	377	1	0:47:32.4	321	1
3	Carla Horwood	Hawkesbury	213	2:07:39.0	409	0:17:16.8	297	2	0:58:08.3	392	2	0:52:13.9	471	3
4	Wendy Stanton	LAPD	263	2:10:53.2	449	0:18:39.4	399	4	0:58:38.6	413	4	0:53:35.2	490	4
5	Beryl Wilson	Balmoral	215	2:19:40.5	529	0:17:47.3	341	3	1:03:11.5	507	5	0:58:41.7	543	6
6	Marion Thorburn		206	2:29:02.8	560	0:22:56.5	580	6	1:08:54.7	563	6	0:57:11.6	532	5

Females 50+

C/Plc	Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Anne Simmons	LAPD	207	2:29:15.3	562	0:22:57.3	562	2	1:07:11.9	550	2	0:59:06.1	546	1
2	Lynne McGregor	Kiama	249	2:39:51.1	582	0:21:44.1	535	1	1:04:32.1	526	1	1:13:34.9	588	2

Nepean Triathlon

Category Results

Males Under 20

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Aaron Farlow	Dubbo	18	1:33:08.8	2	0:12:48.8	19	6	0:45:46.2	7	1	0:34:33.8	1	1
2	Benjamin Harley	Cronulla	35	1:34:56.3	6	0:12:04.5	8	4	0:46:24.6	10	2	0:36:27.2	11	2
3	Steven Plain	Warringah	107	1:36:44.7	16	0:13:21.5	40	9	0:46:42.2	13	3	0:36:41.0	14	3
4	Tim Adams		122	1:38:02.6	19	0:11:26.9	5	2	0:47:08.7	22	4	0:39:27.0	66	9
5	Mark Scott	Illawarra	64	1:38:05.1	20	0:13:18.6	35	8	0:47:40.3	30	5	0:37:06.2	22	4
6	David Glen	Panthers	30	1:38:22.6	21	0:11:29.8	7	3	0:48:45.2	52	6	0:38:07.6	34	5
7	Tim Hillard	Gunnadah	15	1:40:42.7	36	0:12:46.7	18	5	0:49:07.0	60	7	0:38:49.0	48	7
8	Adam Dimech	LAPD	7	1:42:32.1	48	0:12:54.7	24	7	0:50:10.5	67	9	0:39:26.9	65	8
9	Matthew Glen	Panthers	29	1:43:32.5	56	0:11:17.9	2	1	0:50:08.1	66	8	0:42:06.5	131	11
10	Diego Vera	BRAT	114	1:48:33.5	99	0:13:24.5	42	10	0:50:18.4	91	10	0:44:50.6	227	14
11	Adam Footit	Panthers	86	1:49:58.9	120	0:15:29.7	138	13	0:51:42.8	140	12	0:42:46.4	153	13
12	Glenn Bridgen	Panthers	68	1:50:16.2	123	0:14:47.4	92	11	0:54:03.9	223	14	0:41:24.9	114	10
13	Nick Carney	Panthers	88	1:51:20.5	139	0:15:30.4	140	14	0:53:27.1	201	13	0:42:23.0	142	12
14	Ben Orr	Panthers	19	1:54:37.1	197	0:14:58.5	105	12	0:51:04.0	114	11	0:48:34.6	363	16
15	Breton Cooper		24	1:58:25.0	262	0:18:08.4	367	16	1:01:47.7	481	16	0:38:28.9	39	6
16	Matthew Camiliere	Forster	128	2:00:18.3	292	0:17:08.7	278	15	0:55:41.2	289	15	0:47:28.4	317	15

Males 20-24

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Leigh Chapman	Panthers	1	1:31:42.2	1	0:11:21.5	3	2	0:45:04.0	1	1	0:35:16.7	4	2
2	Chris Dmitrieff	Mingara	4	1:33:28.7	3	0:12:44.3	16	6	0:45:38.0	4	2	0:35:06.4	2	1
3	Paul Healey	Tomaree	61	1:35:21.4	7	0:12:52.5	22	7	0:47:11.4	23	9	0:35:17.5	5	3
4	Mitch Dean		116	1:35:23.3	8	0:11:24.9	4	3	0:47:04.5	18	5	0:36:53.9	16	5
5	Michael Fahey	Forster	41	1:35:57.4	12	0:13:19.2	37	12	0:46:47.3	14	4	0:35:50.9	7	4
6	Matthew Clark	Cronulla	9	1:36:05.8	13	0:11:13.8	1	1	0:46:41.8	12	3	0:38:09.7	35	11
7	Simon Hearinga	Hornsby	110	1:36:19.8	15	0:11:29.3	6	4	0:47:05.8	20	7	0:37:44.7	28	9
8	Kristopher Koke	Cronulla	104	1:38:48.6	22	0:12:23.0	11	5	0:47:42.8	32	10	0:38:40.8	42	12
9	Michael O'Keefe		95	1:39:05.2	23	0:12:56.6	28	9	0:47:06.5	21	8	0:39:02.1	51	13
10	Ben Higginbottom		85	1:40:29.0	32	0:13:57.3	54	14	0:49:28.0	66	14	0:37:03.7	21	6
11	Paul Amidy		89	1:40:37.1	34	0:13:04.0	31	11	0:47:05.6	19	6	0:40:27.5	81	17
12	Daniel McGuigan	Balmoral	66	1:41:00.1	39	0:15:33.7	142	25	0:47:57.8	37	11	0:37:28.6	25	8
13	Brett Mathison	Panthers	5	1:42:11.9	43	0:14:00.8	55	15	0:49:03.4	59	13	0:39:07.7	54	14
14	Paul Morris	BRATS	131	1:42:54.2	52	0:14:10.3	61	16	0:49:35.0	70	15	0:39:08.9	55	15
15	Nathan Gloag		70	1:43:41.0	57	0:12:58.8	27	10	0:50:21.4	92	19	0:40:20.8	79	16
16	David Walshe		40	1:44:36.3	69	0:16:10.0	181	31	0:51:12.1	123	24	0:37:14.2	24	7
17	Jason Ibrahim	Panthers	133	1:45:59.1	76	0:16:45.2	240	36	0:51:24.3	127	25	0:37:49.6	31	10
18	David Mitchell	Tomaree	90	1:47:55.1	91	0:15:05.5	111	20	0:49:44.1	75	16	0:43:05.5	162	19
19	Matthew Von Blbra		155	1:49:23.9	113	0:16:09.9	180	30	0:48:53.8	55	12	0:44:20.2	204	23
20	Nicholas Gaffney	Warringah	126	1:50:06.7	122	0:14:32.5	78	18	0:51:57.1	146	29	0:43:37.1	177	21
21	Dane Larcombe		112	1:50:17.1	125	0:15:14.8	118	22	0:53:16.9	193	33	0:41:45.4	127	18
22	Peter Slee	LAPD	43	1:50:33.9	128	0:15:57.9	166	28	0:50:14.9	89	18	0:44:21.1	205	24
23	Christopher Waring	Panthers	71	1:51:00.1	133	0:14:36.3	83	19	0:51:47.6	142	28	0:44:36.2	213	26
24	Jonathan Sculthorpe	Sydney UNI	69	1:51:12.8	137	0:13:40.2	48	13	0:53:49.9	215	37	0:43:42.7	180	22
25	Ston Ball	St Ives	97	1:51:54.5	149	0:16:36.8	225	35	0:50:50.2	105	21	0:44:27.5	208	25
26	David Hewett	Hawkesbury	77	1:51:59.8	151	0:16:05.1	173	29	0:50:01.2	82	17	0:45:53.5	267	30
27	Luke Collis	Panthers	83	1:52:24.6	155	0:15:25.8	134	24	0:51:08.0	117	22	0:45:51.0	266	29
28	Joel Weeks	Macarthur	36	1:52:26.9	157	0:12:53.5	23	8	0:51:28.3	129	26	0:48:05.1	341	36
29	Joshua McCall	Hawkesbury	8	1:53:31.4	177	0:15:57.3	164	27	0:52:43.7	169	30	0:44:50.4	226	28
30	Marc Person	Hornsby	67	1:54:08.0	187	0:15:45.6	153	26	0:50:26.3	96	20	0:47:56.1	334	35
31	Ben De Groot	BRATS	134	1:54:30.3	193	0:14:13.3	64	17	0:55:27.2	278	40	0:44:49.8	224	27
32	Warren Dobe		25	1:55:30.9	214	0:18:15.5	372	43	0:54:07.8	226	39	0:43:07.6	164	20
33	Andrew Nieland	Balmoral	45	1:55:41.9	218	0:16:50.9	250	37	0:52:55.4	180	31	0:45:55.6	269	31
34	Brendan Dobbin	Hills	145	1:56:06.9	224	0:16:35.0	223	34	0:53:25.8	199	35	0:46:06.1	275	32
35	Matthew Crowley	Panthers	100	1:58:15.4	225	0:15:12.1	114	21	0:51:08.0	117	22	0:49:55.3	401	42
36	Trent Raymond	Hills	118	1:57:28.0	248	0:17:07.3	277	39	0:53:57.0	219	38	0:46:23.7	284	33
37	Craig Edmondson	Cronulla	50	1:58:31.6	265	0:16:14.7	189	32	0:53:45.4	210	36	0:48:31.5	361	39
38	Jake Adams	Panthers	144	1:58:46.7	268	0:17:15.1	290	40	0:53:10.0	191	32	0:48:21.6	353	38
39	Simon Hurst		149	2:00:30.1	298	0:15:21.9	129	23	0:57:51.8	380	43	0:47:16.4	310	34
40	Jason Fuller	Wingham	84	2:01:31.2	320	0:17:37.2	322	41	0:53:20.9	194	34	0:50:33.1	427	43
41	Eric Burgess		132	2:02:18.1	337	0:16:51.3	251	38	0:51:45.3	141	27	0:53:41.5	493	45
42	Christopher Rainey	Hills	16	2:02:55.9	346	0:17:41.3	330	42	0:57:05.4	343	41	0:48:09.2	342	37
43	Stephen Head	Illawarra	57	2:06:12.8	397	0:16:16.5	194	33	0:58:52.7	424	44	0:51:03.6	443	44
44	Cameron Mitchell		147	2:10:52.0	448	0:18:39.4	399	44	0:57:42.4	373	42	0:54:30.2	505	46
45	Rodney Scanlon	Panthers	53	2:11:59.9	462	0:22:29.9	552	45	1:00:30.2	456	45	0:48:59.8	380	41
46	Ben Dean		32	2:17:39.9	519	0:27:24.0	585	47	1:01:25.7	469	46	0:48:50.2	374	40
47	Brad Anderson		79	2:40:57.1	583	0:25:28.0	583	46	1:06:59.7	547	47	1:08:31.4	583	47

Males 25-29

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Hugh Bonney	Tomaree	99	1:34:28.7	4	0:12:44.9	17	1	0:45:44.9	6	3	0:35:58.9	8	2
2	Sean Brunt	Panthers	117	1:34:45.4	5	0:12:55.2	25	4	0:45:28.7	2	1	0:36:21.5	10	4
3	Justin Granger	Steam	75	1:35:24.1	10	0:12:49.6	20	2	0:45:35.8	3	2	0:36:58.7	18	5
4	Mick Hoult	Armidale	123	1:35:52.6	11	0:12:51.9	21	3	0:45:49.2	8	4	0:37:11.5	23	7
5	Corey Chapman	Panthers	6	1:39:21.8	25	0:13:05.5	33	5	0:47:01.9	17	5	0:39:14.4	59	10
6	Matthew Webster	Hills	46	1:39:50.6	29	0:14:52.1	99	19	0:48:45.1	51	8	0:36:13.4	9	3
7	Justin Worthington	Hawkesbury	109	1:40:01.6	30	0:16:59.3	265	38	0:47:23.0	26	7	0:35:39.3	6	1
8	Jeffrey Tam	Panthers	125	1:40:44.2	37	0:16:20.7	197	31	0:47:20.4	25	6	0:37:03.1	20	6
9	Andrew Glutz	Illawarra	106	1:43:55.4	62	0:13:53.7	52	11	0:49:18.1	64	11	0:40:43.6	88	13
10	Bruce Hincks	Lake Macquarie	42	1:44:09.4	63	0:14:07.6	59	13	0:49:02.0	57	9	0:40:59.8	101	20
11	Bastiaan De Leeuw	Balmoral	93	1:44:27.2	66	0:15:02.7	109	20	0:51:35.3	134	24	0:37:49.2	30	8
12	Peter Brown	Newcastle	124	1:44:29.3	67	0:13:45.8	50	10	0:49:49.4	76	12	0:40:54.1	98	19
13	Martin Doak	Hornsby	74	1:45:05.5	70	0:14:17.8	69	14	0:51:38.7	138	26	0:39:09.0	56	9
14	Dallas Newlands	Mingara	108	1:45:11.4	72	0:13:39.2	47	9	0:50:57.0	110	19	0:40:35.2	84	12
15	Richard Bruford	Balmoral	136	1:46:18.7	78	0:13:26.9	44	7	0:51:23.1	126	23	0:41:28.7	115	22
16	Andrew Landman	Mingara	139	1:47:05.2	83	0:14:06.5	58	12	0:52:09.8	155	30	0:40:48.9	94	17
17	Daniel Kerr	Cronulla	120	1:47:38.7	89	0:15:20.0	125	23	0:50:38.6	102	17	0:41:40.1	122	23
18	Michael Moore	BRAT	72	1:48:08.7	94	0:15:47.3	157	28	0:51:11.2	122	21	0:41:10.2	109	21
19	Craig Raikona		47	1:49:01.3	103	0:16:13.8	187	30	0:51:58.3	147	27	0:40:49.2	95	18
20	Hayden Murray	Cronulla	33	1:49:09.5	106	0:13:25.5	43	6	0:51:18.9	124	22	0:44:25.1	207	44
21	Glen Sussman	Macarthur	96	1:49:09.6	107	0:15:40.5	150	26	0:49:10.5	61	10	0:44:18.6	203	43
22	Michael Willing		13	1:49:20.4	110	0:14:26.7	73	16	0:51:59.4	148	28	0:42:54.3	156	32
23	David Roberts		121	1:49:30.0	114	0:18:34.7	389	56	0:50:06.5	84	15	0:40:48.8	93	16
24	Nicholas Cook	Tomaree	91	1:51:02.0	134	0:14:35.5	81	17	0:52:12.5	156	31	0:44:14.0	199	41
25	Tim Fehon	Sydney UNI	23	1:51:14.8	138	0:16:45.3	242	35	0:52:04.0	151	29	0:42:25.5	143	27
26	Michael Stres	Hills	20	1:51:54.0	147	0:18:02.2	362	52	0:50:48.9	104	18	0:43:02.9	160	34
27	Trent Chapman		129	1:51:54.3	148	0:15:47.1	156	27	0:54:22.7	237	40	0:41:44.5	126	25
28	Adam Arndell	Hornsby	37	1:52:14.8	153	0:18:31.5	386	55	0:52:56.5	182	33	0:40:46.8	91	15
29	Peter Henry		81	1:52:22.9	154	0:15:12.9	115	21	0:51:09.4	119	20	0:46:00.6	272	49
30	Troy Unicomb	Wingham	127	1:52:32.3	159	0:17:10.8	282	41	0:52:49.3	176	32	0:42:32.4	147	29
31	Scott Sheridan		113	1:52:42.8	161	0:17:08.8	279	40	0:51:38.2	137	25	0:43:55.8	189	39
32	Fenton Healy	Warringah	148	1:52:45.3	163	0:16:55.1	258	38	0:55:31.6	282	46	0:40:18.6	77	11
33	Anthony Corolla	Illawarra	44	1:52:49.9	167	0:13:28.9	45	8	0:50:24.5	94	16	0:48:56.5	377	61
34	Tate Van.Hamburg	Warringah	142	1:53:02.9	171	0:14:21.2	71	15	0:54:27.7	240	41	0:44:14.0	199	41
35	Nick Teiffo	Warringah	105	1:53:17.5	174	0:16:50.9	162	29	0:54:51.8	256	42	0:42:34.8	148	30
36	Greg Gorman	Panthers	11	1:53:30.2	176	0:20:57.1	511	71	0:49:56.1	79	13	0:42:37.0	149	31
37	Daniel Cooper		28	1:53:49.2	182	0:14:38.7	86	18	0:57:20.7	354	53	0:41:49.8	129	26
38	Shane Wootton	Panthers	80	1:54:04.8	185	0:17:14.1	289	42	0:53:32.4	205	35	0:43:18.3	169	37
39	Richard Freer		101	1:54:05.4	186	0:15:13.9	117	22	0:49:56.6	80	14	0:48:54.9	376	60
40	Karl Ayrey	Hills	63	1:55:06.0	206	0:17:54.3	351	50	0:54:03.4	222	36	0:43:08.3	165	36
41	Stefan Heinz	Engadine	65	1:55:18.1	211	0:17:05.1	274	39	0:55:10.2	267	45	0:43:02.8	159	33
42	Carl Modena		103	1:56:53.2	234	0:18:41.7	404	60	0:57:25.2	360	54	0:40:46.3	90	14
43	Simon Friend		49	1:56:59.1	235	0:17:27.5	315	45	0:54:14.5	232	39	0:45:17.1	244	47
44	Simon Lacombe		14	1:57:05.9	237	0:16:34.3	222	33	0:56:28.0	322	50	0:44:03.6	194	40
45	Chris Hanrahan	BRATS	141	1:58:41.7	267	0:18:49.4	413	62	0:53:22.1	196	34	0:46:30.2	288	52
46	Darren Wiggins		54	1:58:54.6	270	0:16:57.8	261	37	0:56:58.8	341	51	0:44:58.0	234	45
47	Paul Robins		143	2:00:22.1	294	0:15:23.6	132	24	0:58:06.0	390	57	0:46:52.5	300	53
48	Matthew Ryan	Panthers	78	2:00:34.4	299	0:21:08.1	516	73	0:54:12.9	231	38	0:45:13.4	242	46
49	Troy Hollis		48	2:01:03.4	308	0:18:45.8	407	61	1:00:35.8	459	66	0:41:41.8	124	24
50	Mark Kroehnert	Panthers	27	2:01:26.8	317	0:15:24.8	133	25	0:57:11.9	351	52	0:48:49.9	371	59
51	Scott Tuckerman	Panthers	51	2:01:29.3	318	0:16:37.2	227	34	0:57:25.9	362	55	0:47:26.2	315	54
52	Oaolan Hogan	BRAT	56	2:01:52.4	329	0:16:28.7	211	32	0:54:57.6	260	43	0:50:26.1	422	64
53	Michael Smart		59	2:02:01.4	333	0:18:55.2	423	63	1:00:35.9	460	67	0:42:30.3	144	28
54	Neil Ruttle		73	2:02:16.4	336	0:20:06.6	475	69	0:55:41.1	288	47	0:46:28.7	267	51
55	Jeremy Ferguson		60	2:03:08.5	351	0:17:36.7	321	46	0:54:12.0	230	37	0:51:19.8	450	69
56	Kenneth Jenner	LAPD	102	2:03:51.1	361	0:17:22.9	306	44	0:58:43.9	417	59	0:47:44.3	326	55
57	Marcus Laws		140	2:03:55.6	362	0:17:40.6	329	47	0:55:05.1	265	44	0:51:09.9	447	66
58	Bradley Scanlon	Panthers	52	2:03:57.2	364	0:18:38.5	397	58	0:58:54.4	425	61	0:46:24.3	285	50
59	Glenn Haskins		92	2:04:41.3	374	0:18:41.0	402	59	0:56:11.7	308	48	0:49:46.6	397	63
60	Jose Caraballo	Macarthur	17	2:05:36.3	388	0:18:25.8	383	54	1:03:34.2	515	71	0:43:36.3	175	38
61	Craig Allison		22	2:07:35.6	408	0:20:49.9	507	70	0:58:54.9	426	62	0:47:50.8	331	57
62	Benjamin Gavan		38	2:08:32.1	417	0:17:54.6	353	51	1:02:50.8	497	69	0:47:46.7	327	56
63	Craig Mazurek		34	2:08:34.2	418	0:18:35.1	391	57	0:58:47.7	420	60	0:51:11.4	448	67
64	Michael Delamotte	Engadine	12	2:08:36.4	419	0:17:20.0	302	43	1:00:27.3	455	65	0:50:49.1	435	65
65	Peter Coulson	Hornsby	94	2:08:54.3	422	0:18:08.6	368	53	0:59:30.6	438	64	0:51:15.1	449	68
66	Mark Grady	Panthers	130	2:09:02.3	423	0:19:58.0	469	68	0:56:25.0	319	49	0:52:39.3	476	71
67	David John Hunter		21	2:09:09.9	425	0:21:02.1	513	72	1:05:02.6	529	73	0:43:05.2	161	35
68	Paul Kuipers	Panthers	115	2:09:49.9	436	0:17:42.1	332	48	0:58:08.7	393	58	0:53:59.1	497	73
69	Simon Brace	Cowra	62	2:09:52.8	438	0:23:15.2	572	75	0:57:34.2	366	56	0:49:03.4	381	62
70	Gary Jones		137	2:10:00.8	440	0:18:59.0	424	64	1:05:40.3	535	74	0:45:21.5	248	48
71	Lachlan Mackay	Cronulla	111	2:10:58.3	450	0:19:24.5	441	66	0:59:13.2	434	63	0:52:20.6	472	70
72	James Knight		26	2:15:53.3	500	0:19:04.1	431	65	1:08:09.5	558	75	0:48:39.7	367	58
73	Jason Roberts		31	2:17:20.8	517	0:21:46.1	537	74	1:02:07.2	486	68	0:53:27.5	487	72
74	Paul Kennedy	Panthers	82	2:22:10.5	544	0:19:31.2	448	67	1:03:15.8	509	70	0:59:23.5	549	74
75	Patrick Hewitt	Panthers	119	2:36:09.8	577	0:17:44.6	338	49	1:04:55.0	528	72	1:13:30.2	587	75

Males 30-34

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Andy Foggini	BRAT	418	1:37:16.5	17	0:14:53.1	100	13	0:45:42.9	5	1	0:36:40.5	13	2
2	Mark Rossetto	Panthers	434	1:37:30.1	18	0:13:01.3	28	3	0:47:26.5	27	5	0:37:02.3	19	3
3	Shaun Moss		451	1:39:42.0	28	0:14:13.5	65	9	0:47:12.7	24	4	0:38:15.8	36	5
4	Vaughn Meldrum	Cronulla	447	1:40:34.6	33	0:14:03.8	56	7	0:48:34.9	48	11	0:37:55.9	33	4
5	Michael Schwebel	Panthers	445	1:40:40.2	35	0:13:29.7	46	6	0:48:22.8	44	9	0:38:47.7	47	9
6	Jonathon Rainey	Hills	415	1:41:13.6	40	0:13:20.4	39	5	0:49:34.7	69	15	0:38:18.5	37	6
7	James Sweeney	Panthers	455	1:41:22.6	41	0:13:19.0	36	4	0:48:16.3	41	8	0:39:47.3	72	13
8	Alan Bentley	Panthers	480	1:41:59.9	42	0:12:43.1	15	2	0:48:41.5	49	12	0:40:35.3	85	18
9	Peter Clark	Newcastle	443	1:42:25.6	46	0:14:54.6	101	14	0:49:46.8	53	13	0:38:44.2	45	8
10	Darren Purcell	Panthers	412	1:42:26.5	47	0:18:15.3	371	57	0:49:02.4	58	14	0:35:08.8	3	1
11	Mark Stewart	BRAT	475	1:42:35.4	49	0:15:46.9	154	28	0:46:52.2	15	2	0:39:56.3	74	15
12	Michael Croft	BRATS	446	1:42:43.3	50	0:14:20.7	70	10	0:48:32.7	47	10	0:39:49.9	73	14
13	Richard Gentle	Hills	413	1:43:51.6	59	0:15:00.9	108	15	0:47:42.4	31	7	0:41:08.3	107	22
14	Craig May	Dubbo	460	1:45:59.7	77	0:16:40.1	231	37	0:49:38.3	74	16	0:39:41.3	70	12
15	Jonathan Iles		435	1:47:22.8	86	0:15:19.2	124	18	0:50:56.8	109	20	0:41:06.6	106	21
16	Andrew Foster	LAPD	407	1:47:27.0	87	0:15:13.7	116	16	0:47:31.7	29	6	0:44:41.6	216	42
17	Darren Taylor		464	1:48:01.5	92	0:16:52.0	254	39	0:51:05.3	116	22	0:40:04.2	76	16
18	Gregory Crumpton	Hawkesbury	449	1:48:18.3	96	0:15:47.9	159	27	0:46:59.5	16	3	0:45:30.9	254	45
19	Glenn Davies	Cronulla	422	1:48:41.9	100	0:14:34.3	80	12	0:51:24.8	128	24	0:42:42.8	150	28
20	Michael Kay	Cronulla	482	1:49:36.0	116	0:12:21.2	10	1	0:54:29.6	245	41	0:42:45.2	152	29
21	Steve Edstein	Maitland	462	1:49:36.8	117	0:16:25.7	204	34	0:53:36.8	207	34	0:39:34.3	69	11
22	Michael Baker		494	1:49:43.6	119	0:15:32.2	141	22	0:52:00.6	149	27	0:42:10.8	135	26
23	Greg Dalton		440	1:50:06.1	121	0:15:22.8	130	19	0:56:01.9	303	48	0:38:41.4	43	7
24	Bruce Chapman		403	1:50:16.2	123	0:15:58.8	167	29	0:52:31.8	164	29	0:41:45.6	128	24
25	Michael Connell	Warringah	402	1:51:31.4	140	0:17:02.9	270	43	0:52:28.4	162	28	0:42:00.1	130	25
26	Paul Dikes	LAPD	424	1:51:46.7	145	0:17:40.0	328	54	0:53:05.5	190	32	0:41:01.2	102	20
27	Steve Williams	Tomaree	472	1:52:28.8	156	0:14:31.8	76	11	0:52:53.1	177	31	0:45:01.9	237	43
28	Steve Nielsen		495	1:52:43.9	162	0:17:00.6	267	42	0:51:41.6	139	26	0:44:01.7	191	38
29	George Merrett		433	1:52:46.3	164	0:16:36.8	225	36	0:56:48.3	333	52	0:39:21.2	63	10
30	David Frank	Hawkesbury	425	1:52:47.8	165	0:15:38.3	149	24	0:50:23.2	93	18	0:46:46.3	295	53
31	Andrew Welsh		450	1:52:57.3	168	0:16:14.5	188	31	0:50:06.6	85	17	0:46:36.2	291	51
32	Murray Hilder	Cronulla	471	1:52:59.0	170	0:17:37.4	324	52	0:50:51.6	106	19	0:44:30.0	211	41
33	Brad Stanford	BRAT	454	1:54:14.7	189	0:17:25.3	310	49	0:51:10.7	121	23	0:45:38.7	259	46
34	Shane Harvey	Balmoral	404	1:54:33.3	195	0:15:29.8	139	21	0:58:32.7	409	64	0:40:30.8	82	17
35	Anthony Donnelly	Botany Bay	417	1:54:50.7	200	0:20:55.2	509	76	0:51:34.1	133	25	0:42:21.4	140	27
36	Andrew Lawrence	Nowra	486	1:55:11.2	208	0:16:42.4	235	38	0:55:09.2	266	43	0:43:19.6	170	32
37	Graeme Thrift	Newcastle	461	1:55:27.8	213	0:16:13.4	185	30	0:58:23.5	401	82	0:40:50.9	97	19
38	David Cutter		473	1:55:58.8	221	0:16:23.6	201	33	0:56:27.7	321	50	0:43:07.5	163	30
39	David Sullivan	Botany Bay	419	1:56:06.5	223	0:18:15.7	190	32	0:55:58.0	299	47	0:43:52.8	187	37
40	Todd Trumper	Cronulla	431	1:56:23.9	226	0:15:37.1	146	23	0:52:45.5	171	30	0:48:01.3	340	59
41	Michael Price		488	1:56:25.5	227		0	0	1:13:11.2	577	84	0:43:14.3	168	31
42	Richard Old	Hills	432	1:56:31.0	229	0:16:29.4	213	35	0:53:21.5	195	33	0:46:40.1	292	52
43	Paul Morgan	Panthers	420	1:57:08.8	239	0:16:59.1	264	41	0:54:02.3	220	37	0:46:07.4	277	49
44	Steven Johnson		469	1:57:55.2	254	0:17:24.9	309	48	0:56:43.0	331	51	0:43:47.3	183	36
45	Gregory Burford	Hawkesbury	483	1:58:06.6	259	0:20:09.1	477	69	0:54:10.5	229	38	0:43:47.0	182	35
46	Colin Brown	Panthers	456	1:59:10.6	279	0:17:42.3	333	55	0:57:19.4	352	56	0:44:08.9	196	40
47	Craig Lambeth	Hawkesbury	426	1:59:28.4	280	0:17:26.3	313	50	0:53:46.6	213	36	0:48:15.5	348	60
48	Sydney Norman		476	1:59:39.5	283	0:15:57.7	165	28	0:55:51.4	294	44	0:47:50.4	330	55
49	Neil Davies	Macarthur	428	2:00:11.9	290	0:17:37.9	325	53	0:58:31.8	408	63	0:44:02.2	193	39
50	Andrew Tong		467	2:00:19.3	293	0:17:23.6	308	47	0:57:11.0	347	55	0:45:44.7	263	48
51	Phillip Jurd	Tomaree	487	2:00:23.2	295	0:18:49.4	413	61	0:53:42.5	208	35	0:47:51.3	332	56
52	Ian Prendergast	Concord	466	2:00:36.9	301	0:15:17.4	121	17	0:54:19.0	234	39	0:51:00.5	438	71
53	Robert Perry		459	2:00:59.0	306	0:20:13.1	483	74	0:57:06.5	344	54	0:43:39.4	178	33
54	Stephen Goddard	Balmoral	489	2:01:36.6	323	0:19:35.6	451	64	0:51:00.2	112	21	0:51:00.8	439	72
55	Glen Chapman		409	2:01:38.0	324	0:20:10.0	479	70	0:59:58.6	447	69	0:41:29.4	116	23
56	Steven Heap		405	2:01:48.2	328	0:22:09.9	544	83	0:55:51.9	295	45	0:43:46.4	181	34
57	Benedict Boidin		401	2:02:28.0	340	0:18:45.6	406	58	0:58:17.0	397	61	0:45:25.4	252	44
58	Ian Hemmings		411	2:03:10.7	352	0:14:12.8	63	8	0:58:14.9	396	60	0:50:43.0	430	70
59	Ashley Major	Panthers	406	2:03:41.2	360	0:18:14.4	370	56	0:57:28.0	363	57	0:47:58.8	338	58
60	Todd Field	Panthers	465	2:04:36.2	371	0:19:57.9	468	66	0:54:33.3	247	42	0:50:05.0	407	64
61	John Wakefield	Warringah	484	2:04:37.3	373	0:17:18.9	300	45	1:01:34.8	471	73	0:45:43.6	262	47
62	John Young		439	2:04:46.0	375	0:17:21.6	304	46	0:58:55.0	427	66	0:48:29.4	359	62
63	Phillip Teague		410	2:04:50.8	377	0:16:56.5	260	40	1:01:42.4	475	74	0:46:11.7	279	50
64	Peter Smith	Panthers	452	2:05:07.9	383	0:18:47.1	409	59	0:55:53.4	296	46	0:50:27.4	423	69
65	Bill Smith		430	2:06:44.7	401	0:20:10.7	482	73	0:56:16.7	313	49	0:50:17.3	416	67
66	Arne Falkenmire	Concord	463	2:06:25.8	414	0:15:23.5	131	20	0:56:54.7	339	53	0:56:07.6	525	83
67	Chris Peniston	Panthers	457	2:09:02.9	424	0:18:48.2	410	60	0:54:28.6	243	40	0:55:46.1	521	80
68	Dean Jones	Panthers	414	2:09:49.5	435	0:20:10.1	480	71	1:01:43.0	477	75	0:47:56.4	335	57
69	Peter Lucas		470	2:10:19.9	443	0:20:02.0	473	68	1:03:01.6	506	77	0:47:16.3	309	54
70	Stephen Gill		429	2:10:41.8	444	0:15:41.7	151	25	1:03:29.7	513	80	0:51:30.4	454	74
71	Glenn Dickson	Engadine	416	2:10:50.6	447	0:21:40.8	534	81	0:59:17.1	436	68	0:49:52.7	400	63
72	Dean A Kelly		488	2:11:00.5	452	0:20:10.3	481	72	1:00:39.5	461	71	0:50:10.7	413	66
73	Anthony Nichols		427	2:12:00.7	463	0:17:29.3	317	51	1:01:15.4	466	72	0:53:16.0	483	77
74	Craig Smith		458	2:12:14.0	465	0:20:38.9	500	75	1:03:16.1	510	78	0:48:19.0	351	61
75	Ian Smith		444	2:12:50.7	471	0:18:59.9	425	62	1:03:26.1	511	79	0:50:24.7	421	68
76	Craig Cogle		478	2:13:02.2	473	0:19:55.9	467	65	1:02:56.1	501	76	0:50:10.2	411	65
77	Phillip Noller	Hills	400	2:13:34.8	480	0:19:21.8	440	63	0:58:05.2	391	58	0:56:06.8	524	82
78	Tony Anderson	Maitland	423	2:15:25.2	497	0:21:59.5	542	82	0:58:09.8	394	59	0:55:15.9	515	79
79	Roger Gilbert		481	2:16:19.5	506	0:21:21.2	523	80	1:00:31.4	457	70	0:54:26.9	504	78
80	Martin Cushing	Newcastle	448	2:16:29.3	507	0:21:20.0	521	79	0:59:09.0	433	67	0:56:00.3	522	81

Males 30-34

C/Plc Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
81 Murray Frangs		453	2:17:11.9	514	0:19:58.9	470	67	1:03:58.1	521	81	0:53:14.9	481	76
82 Michael Whulohan	Panthers	441	2:22:26.7	546	0:22:29.8	551	84	1:08:34.0	560	82	0:51:22.9	451	73
83 Graeme Conway		479	2:23:07.2	550	0:17:16.6	296	44	0:58:32.8	410	65	1:07:17.8	581	86
84 Steven Muller		474	2:28:11.7	557	0:21:11.0	517	77	1:14:53.2	582	86	0:52:07.5	469	75
85 Gregory Miller		421	2:34:41.1	573	0:21:13.7	519	78	1:13:33.3	579	85	0:59:54.1	554	84
86 Craig Wilson		436	2:37:57.1	579	0:25:37.9	584	85	1:09:16.1	565	83	1:03:03.1	570	85

Males 35-39

C/Plc Name	From	No.	Time	O/ Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1 Grant Giles	Warringah	630	1:35:23.6	9	0:12:40.4	14	3	0:45:59.6	9	1	0:36:43.6	15	2
2 Spot Anderson	BRATS	552	1:36:17.3	14	0:12:07.7	9	1	0:46:29.2	11	2	0:37:40.4	27	4
3 Michael Roberts	Hills	566	1:39:09.6	24	0:12:24.6	12	2	0:49:50.4	77	18	0:36:54.6	17	3
4 John Miller	Balmoral	574	1:39:24.7	26	0:13:09.5	34	5		0	0	1:26:15.2	590	84
5 Shane Flannery	Sth Highlands	560	1:39:41.2	27	0:15:08.3	112	15	0:47:57.4	36	6	0:36:35.5	12	1
6 Brian Bootle	Panthers	567	1:40:03.7	31	0:13:05.0	32	4	0:47:44.9	33	4	0:39:13.8	58	9
7 Martin Dowson		620	1:42:43.5	51	0:14:48.8	94	10	0:49:30.9	68	16	0:38:23.8	38	6
8 Dallas Barham	Lake Macquarie	589	1:43:11.5	53	0:14:50.4	97	13	0:49:16.3	63	15	0:39:04.8	53	8
9 Mark Chapman	Orange	570	1:43:45.1	58	0:16:41.4	233	30	0:47:30.0	28	3	0:39:33.7	68	11
10 Craig Moxey	Macarthur	579	1:44:25.7	64	0:14:48.9	95	11	0:48:06.8	39	7	0:41:30.0	117	21
11 Brian Lawrence	Tomaree	623	1:44:29.5	86	0:15:47.8	158	18	0:48:08.7	40	8	0:40:33.0	83	15
12 Beven Ernst	Tomaree	582	1:45:11.4	72	0:15:34.8	144	17	0:48:26.3	46	11	0:41:10.3	110	19
13 John De.Montford	Warringah	626	1:46:29.7	79	0:16:34.2	221	25	0:49:01.1	56	13	0:40:54.4	99	17
14 Vic Caplikas	Panthers	635	1:48:57.4	81	0:13:46.5	51	7	0:47:47.6	35	5	0:45:23.3	250	38
15 John Powderly	Panthers	575	1:47:01.1	92	0:16:23.7	202	22	0:50:15.8	90	20	0:40:21.6	80	14
16 Steven Szymanek	Hills	618	1:47:27.2	88	0:17:15.7	293	43	0:50:47.0	103	22	0:39:24.5	64	10
17 Peter Wheeler	Sth Highlands	597	1:47:52.4	90	0:14:49.6	96	12	0:48:20.4	43	9	0:44:42.4	217	33
18 Joe Castro	Kiama	581	1:48:05.3	93	0:16:40.0	230	28	0:51:04.6	115	23	0:40:20.7	78	13
19 Iain MacLeod		599	1:48:32.9	98	0:14:48.4	93	9	0:48:25.5	45	10	0:45:19.0	246	37
20 George Coluin	Forster	584	1:49:15.6	109	0:16:37.7	229	27	0:51:32.3	132	24	0:41:05.6	105	18
21 Robin Saker	BRAT	606	1:49:39.5	115	0:16:50.1	249	34	0:49:14.7	62	14	0:43:28.7	172	28
22 Robert Mander	Warringah	816	1:50:18.2	126	0:18:41.6	403	58	0:51:37.1	136	25	0:39:59.5	75	12
23 Michael Gray	Warringah	608	1:50:18.7	127	0:16:51.5	253	35	0:48:49.3	54	12	0:44:37.9	214	32
24 Trevor Jaegger	Gunnedah	803	1:50:45.2	130	0:14:54.7	102	14	0:52:40.1	167	29	0:43:10.4	166	25
25 Tim Raw	Balmoral	609	1:51:45.7	144	0:17:28.4	316	45	0:50:37.9	101	21	0:43:39.4	178	29
26 Graeme Digby	Panthers	571	1:52:29.6	158	0:16:42.0	234	31	0:52:56.8	183	32	0:42:50.8	155	24
27 Peter Camilleri	Forster	628	1:53:13.2	173	0:18:01.3	361	53	0:53:03.4	189	33	0:42:08.5	134	23
28 Mark Fiore	SIAC	585	1:53:48.9	181	0:17:03.1	272	39	0:55:58.7	300	49	0:40:47.1	92	16
29 Gregory Dutton	Panthers	617	1:53:51.1	183	0:17:06.7	276	40	0:55:28.4	280	47	0:41:16.0	112	20
30 Kevin Bradley	Panthers	600	1:54:13.1	188	0:17:30.0	318	46	0:51:56.7	145	26	0:44:46.4	221	34
31 Ian Garrett	Macarthur	593	1:54:20.9	190	0:19:45.1	456	67	0:52:27.9	160	28	0:42:07.9	132	22
32 Timothy Allen	Cronulla	604	1:54:27.3	191	0:16:44.9	239	32	0:52:45.9	173	30	0:44:56.5	231	36
33 Ken Brundell	Hills	550	1:54:35.4	196	0:17:09.6	281	41	0:49:36.1	71	17	0:47:49.7	329	54
34 Edward Godschalk		557	1:55:05.9	205	0:16:16.4	192	21	0:55:23.7	273	44	0:43:25.8	171	27
35 John Maguire		636	1:55:36.8	215	0:18:45.8	407	59	0:59:01.2	432	66	0:37:49.8	32	5
36 Steven West	Panthers	595	1:55:49.6	220	0:16:07.9	175	20	0:49:58.7	81	19	0:49:45.0	396	64
37 Lee Chapman	Panthers	613	1:56:05.3	222	0:22:22.9	549	77	0:54:38.7	250	38	0:39:03.7	52	7
38 Thomas Nuzzo		598	1:56:35.6	231	0:18:34.8	390	56	0:54:47.9	255	40	0:43:12.9	167	26
39 Allan Sullivan	Warringah	625	1:57:08.7	238	0:17:43.9	336	48	0:55:00.7	262	41	0:44:24.1	206	31
40 Terry Brassel	Illawarra	590	1:57:13.1	242	0:16:41.2	232	29	0:54:29.5	244	37	0:46:02.4	273	43
41 David Skelton		624	1:57:15.2	244	0:14:34.2	79	8	0:55:12.8	268	42	0:47:28.2	316	52
42 Michael Gosling	Panthers	632	1:57:45.0	250	0:17:16.2	294	44	0:54:09.8	227	36	0:46:19.0	283	46
43 Terry Roberts		553	1:57:50.7	252	0:18:49.8	415	60	0:54:07.4	225	35	0:44:53.7	229	35
44 Michael Rybinski	Panthers	588	1:57:57.4	255	0:17:13.0	288	42	0:52:27.6	159	27	0:48:16.8	349	55
45 Gordon Bell	Panthers	612	1:57:57.8	256	0:15:27.9	135	16	0:53:50.4	216	34	0:48:39.5	366	59
46 James Walker.Power	Warringah	551	1:58:04.6	257	0:13:42.0	49	6	0:58:35.5	411	61	0:45:47.1	264	41
47 Jeff Baker		637	1:58:57.8	272	0:16:37.2	227	26	0:55:34.6	285	48	0:46:46.0	294	47
48 Warren Hurst	Panthers	554	1:59:06.8	275	0:16:04.9	172	19	0:57:30.9	364	56	0:45:31.0	255	40
49 Brendan McClean		562	2:00:09.3	289	0:17:59.6	356	51	0:56:46.4	332	52	0:45:23.3	250	38
50 Adrian Ogden	Sth Highlands	605	2:01:04.5	309	0:18:21.7	378	55	0:55:27.6	279	46	0:47:15.2	308	51
51 Nelson Olivera		576	2:01:07.2	310	0:17:48.9	345	49	0:57:20.3	353	53	0:45:58.0	271	42
52 Jason Aitken	Engadine	619	2:01:30.4	319	0:16:30.8	215	24	0:52:46.3	174	31	0:52:13.3	470	74
53 Stephen Duerden	LAPD	594	2:01:58.4	331	0:17:00.7	268	38	0:56:36.1	325	50	0:48:21.6	353	57
54 Stephen O'Neill		627	2:02:05.1	335	0:22:24.6	550	78	0:55:23.7	273	44	0:44:16.8	201	30
55 Michael McCarthy	Illawarra	631	2:02:52.6	344	0:16:46.0	243	33	0:57:21.5	356	54	0:48:45.1	368	60
56 Darryl McAllister	Hills	559	2:03:13.8	353	0:16:53.7	257	37	0:55:13.9	269	43	0:51:06.2	445	72
57 Sanjiv Michha		611	2:03:56.0	363	0:18:50.0	417	61	0:58:58.8	431	65	0:46:07.2	276	44
58 Craig Rolls	Lake Macquarie	563	2:04:47.4	376	0:16:53.0	256	36	0:57:45.6	375	58	0:50:08.8	410	67
59 Mark Okeefe	Illawarra	561	2:05:09.6	384	0:16:25.8	206	23	0:54:42.6	252	39	0:54:01.2	498	77
60 David Nicholls	Hawkesbury	622	2:05:45.7	391	0:19:10.0	435	62	0:58:18.6	398	60	0:48:16.9	350	56
61 Stephen Ray	Illawarra	601	2:08:03.3	394	0:19:39.4	454	66	0:59:33.8	439	67	0:48:50.1	299	48
62 Dean Gardiner	SIAC	584	2:08:31.5	399	0:19:24.9	442	63	0:57:56.6	384	59	0:49:09.8	383	61
63 Nicholas Mursa	Tomaree	572	2:07:03.6	404	0:18:20.2	376	54	0:58:51.8	422	64	0:49:51.6	399	66
64 David White		583	2:07:42.6	410	0:20:26.4	492	69	0:58:42.3	415	62	0:48:33.9	362	58
65 Tom Vandenberg	Hills	602	2:09:22.7	430	0:21:24.4	527	73	0:57:38.4	370	57	0:50:19.9	417	68
66 Peter Lewsley		565	2:09:57.5	439	0:23:11.8	569	83	0:59:52.2	443	68	0:46:53.5	301	49
67 Neil Thurston		578	2:10:44.7	445	0:22:42.6	555	80	0:58:43.6	416	63	0:49:18.5	386	62
68 Rod Holmes	Balmoral	577	2:10:48.3	446	0:17:50.7	347	50	0:57:25.3	361	55	0:55:32.3	517	78
69 David Ostinga		633	2:11:10.8	456	0:20:47.2	503	70	1:00:34.5	458	71	0:49:49.1	398	65
70 Gareth Jones	Balmoral	587	2:12:43.9	470	0:20:14.2	484	68	1:02:56.4	503	75	0:49:33.3	388	63

Males 35-39

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
71	Peter Dollin		558	2:13:38.3	481	0:18:00.0	358	52	1:07:59.5	556	78	0:47:38.8	324	53
72	Paul Henville		615	2:13:41.4	482	0:17:35.6	320	47	1:05:45.3	536	76	0:50:20.5	418	69
73	John Hamerslag	Engadine	555	2:13:54.9	484	0:22:50.9	558	81	1:00:15.9	450	89	0:50:48.1	434	71
74	James Jarick		586	2:16:08.7	502	0:23:07.1	566	82	1:00:17.8	452	70	0:52:43.8	477	75
75	Stephen Tudjman	Engadine	610	2:16:14.0	504	0:22:19.6	548	76	1:01:58.0	485	74	0:51:56.4	466	73
76	John Towey	Nowra	592	2:17:56.0	521	0:22:41.0	554	79	1:08:08.0	557	79	0:47:07.0	305	50
77	Glen Bootle	Panthers	568	2:19:40.6	530	0:19:35.2	449	84	1:01:57.4	484	73	0:58:08.0	540	79
78	Adam Smith		556	2:19:41.7	531	0:19:38.5	453	65	1:06:21.2	542	77	0:53:42.0	494	76
79	Murray Oakley	Hornsby	621	2:20:47.4	539	0:18:39.5	401	57	1:01:56.5	483	72	1:00:11.4	555	81
80	Dennis Williams	Engadine	629	2:21:27.5	540	0:22:06.3	543	74	0:56:37.7	326	51	1:02:43.5	568	83
81	Len Brierley		591	2:22:18.6	545	0:21:23.6	526	72	1:10:15.2	570	81	0:50:39.8	428	70
82	James Wilkinson		634	2:24:39.7	552	0:20:49.5	506	71	1:17:35.3	586	83	0:46:14.9	280	45
83	Ron Schroeder		573	2:29:31.4	564	0:22:15.1	546	75	1:08:50.6	562	80	0:58:25.7	541	80
84	Gene Gillen		596	2:41:53.1	585	0:27:39.4	586	84	1:11:36.5	574	82	1:02:37.2	567	82

Males 40-44

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Phillip Baigent	Cronulla	704	1:42:19.7	45	0:13:24.3	41	1	0:48:18.7	42	2	0:40:36.7	86	9
2	John Hill	BRAT	754	1:43:18.2	54	0:15:37.6	147	13	0:48:44.0	50	3	0:38:56.6	50	5
3	John Hickey	Gunnadah	736	1:43:30.9	55	0:14:57.2	104	6	0:50:54.9	108	7	0:37:38.8	26	1
4	Mark Moro	Macarthur	768	1:45:08.0	71	0:15:28.9	136	11	0:47:28.9	38	1	0:41:39.9	121	12
5	Brad Shields	Cronulla	764	1:45:54.6	75	0:16:56.2	259	28	0:49:27.7	65	4	0:39:30.7	67	7
6	Dave McAlpin	BRAT	701	1:46:41.7	80	0:17:19.0	301	35	0:50:51.7	107	6	0:38:31.0	41	3
7	Stephen Firth		737	1:47:05.4	84	0:15:21.6	128	10	0:50:58.4	111	8	0:40:45.4	89	10
8	Peter Goldie	Orange	752	1:49:04.2	104	0:14:42.6	87	4	0:49:37.8	73	5	0:44:43.8	220	26
9	Scott Wolfson	Orange	709	1:49:22.8	111	0:16:47.3	246	27	0:51:22.2	125	9	0:41:13.3	111	11
10	Terry Starr	Cronulla	711	1:49:40.2	118	0:15:50.0	161	15	0:52:09.6	154	13	0:41:40.6	123	13
11	Greg Douglass	Hawkesbury	710	1:50:34.0	129	0:14:28.6	74	3	0:52:04.8	152	12	0:44:00.6	190	23
12	David Brukmann		733	1:51:34.0	142	0:15:42.2	152	14	0:52:01.3	150	11	0:43:50.5	186	22
13	Matthew Toby	Mingara	728	1:51:59.1	150	0:14:58.6	106	7	0:53:23.9	197	17	0:43:36.6	176	20
14	Michael Collins		721	1:52:41.2	160	0:16:33.9	219	22	0:57:37.4	369	44	0:38:29.9	40	2
15	Marcus Baker	Cronulla	715	1:52:49.3	166	0:15:19.1	123	9	0:53:26.1	200	18	0:44:04.1	195	25
16	David Drew	Panthers	761	1:52:58.2	169	0:17:38.8	326	39	0:53:01.8	186	14	0:42:17.6	137	15
17	Roberts Owens	Cronulla	770	1:53:27.6	175	0:16:35.2	224	23	0:53:02.6	187	15	0:43:49.8	185	21
18	Andy Haynes		757	1:53:33.4	178	0:16:33.4	218	21	0:53:27.4	202	19	0:43:32.6	173	18
19	Michael Hiser	Panthers	716	1:54:04.3	184	0:14:42.8	88	5	0:54:10.1	228	23	0:45:11.4	239	31
20	Rod Tracey	Macarthur	707	1:54:39.8	198	0:16:46.7	244	26	0:53:02.9	188	16	0:44:50.2	225	28
21	Tony Phipps	Panthers	766	1:55:14.7	210	0:16:29.4	213	20	0:53:45.6	211	22	0:44:59.7	236	30
22	Ross-Alan Sinclair	Concord	750	1:55:49.1	219	0:17:17.8	298	34	0:59:44.9	442	50	0:38:46.4	46	4
23	John Glen	Panthers	720	1:56:29.5	228	0:22:10.1	545	65	0:51:49.0	143	10	0:42:30.4	145	16
24	Phil Carson		708	1:57:05.0	236	0:19:06.0	432	53	0:54:23.3	238	24	0:43:35.7	174	19
25	William Hoogenboom	Panthers	771	1:57:13.1	242	0:17:03.0	271	31	0:54:38.0	249	26	0:45:32.1	256	32
26	David Lewis		756	1:58:12.6	261	0:19:13.6	437	54	0:56:50.7	335	37	0:42:08.3	133	14
27	Laurie Kobler		748	1:58:33.1	266	0:16:42.7	236	24	0:56:51.0	336	38	0:44:59.4	235	29
28	Steve Guy	Lake Macquarie	718	1:58:47.7	269	0:16:09.2	178	18	0:56:21.5	316	32	0:46:17.0	282	34
29	Peter Coleman	Hills	747	1:58:55.9	271	0:17:42.4	334	41	0:57:11.5	350	41	0:44:02.0	192	24
30	Darrell Patrick	Tomaree	703	1:59:06.2	274	0:17:41.4	331	40	0:53:28.4	203	20	0:47:56.4	335	39
31	Michael Sullohern	Panthers	741	1:59:31.3	282	0:18:29.6	385	50	1:01:43.7	478	56	0:39:18.0	61	6
32	Gary Aitkenhead	Striders	755	2:01:02.1	307	0:18:22.1	379	49	0:59:56.1	445	51	0:42:43.9	151	17
33	Jeff Swan	LAPD	722	2:01:18.8	316	0:16:58.5	263	29	0:56:48.6	334	36	0:47:31.7	320	36
34	John Cooper		705	2:01:31.4	321	0:18:07.2	366	46	0:54:25.2	239	25	0:48:59.0	379	43
35	Mark Samuels	Hills	774	2:01:59.8	332	0:17:23.1	307	36	0:56:23.8	316	34	0:48:12.9	345	40
36	Jeffrey Gottaas	Kiama	734	2:02:04.9	334	0:18:37.9	394	51	0:58:36.4	412	48	0:44:48.6	223	27
37	Greg Coy	Concord	742	2:02:52.9	345	0:20:28.8	494	58	1:02:37.3	492	60	0:39:46.8	71	8
38	Neale Cunningham	Macarthur	717	2:02:57.8	347	0:18:03.6	363	45	0:57:21.2	355	42	0:47:33.0	322	37
39	Paul Morahan	Engadine	719	2:02:58.6	348	0:17:10.6	282	33	0:55:41.0	287	29	0:50:07.0	409	47
40	Peter McArdle	Panthers	759	2:03:27.1	355	0:16:08.2	176	17	0:55:16.7	271	28	0:52:02.2	467	55
41	Paul Gibbs	Mingara	726	2:03:32.0	357	0:19:02.2	428	52	0:54:52.5	257	27	0:49:37.3	391	44
42	Kym De.Britt	Tridents	758	2:03:59.4	366	0:17:03.5	273	32	0:56:25.6	320	35	0:50:30.3	425	48
43	Michael Flanagan		724	2:04:11.3	369	0:16:20.4	195	19	0:55:55.5	297	30	0:51:55.4	465	54
44	Phillip Singleton		702	2:04:54.5	379	0:17:31.6	319	38	0:56:46.8	418	49	0:48:36.1	365	41
45	Wayne Jeffrey		738	2:06:24.5	398	0:14:17.6	68	2	0:58:52.1	337	39	0:55:14.8	514	63
46	Bernard Pilgrim		706	2:07:31.2	407	0:23:54.6	577	69	0:55:57.3	298	31	0:47:39.3	325	38
47	Paul Worth	LAPD	725	2:07:54.3	412	0:17:43.4	335	42	0:56:22.1	317	33	0:53:48.8	495	59
48	John Kerlatec		760	2:09:44.6	433	0:19:59.9	472	57	0:57:53.9	382	45	0:51:50.8	461	52
49	Chris Millar	Mingara	745	2:10:06.1	442	0:14:58.9	107	8	0:57:55.0	383	46	0:57:12.2	533	66
50	Neil Gillspie		744	2:11:50.5	461	0:18:18.8	374	47	1:02:29.8	491	59	0:51:01.9	442	49
51	Neill McDonald	Kiama	712	2:12:06.3	464	0:17:44.1	337	43	0:57:35.3	367	43	0:56:46.9	528	65
52	David-John Townsend	LAPD	751	2:12:36.9	468	0:20:55.4	510	61	1:01:35.5	472	53	0:50:06.0	408	46
53	Richard Robinson		749	2:12:38.8	469	0:18:20.8	377	48	1:02:49.2	495	61	0:51:28.8	453	51
54	Lindsay Catlin	Wagga	732	2:14:12.2	485	0:24:00.8	579	70	1:02:56.3	502	62	0:47:15.1	307	35
55	Lennard Wong		730	2:14:12.4	486	0:20:30.2	496	59	1:01:47.4	480	57	0:51:54.8	463	53
56	David Gosling		723	2:14:38.8	489	0:19:34.5	448	55	0:57:11.4	348	40	0:57:50.9	535	67

Males 40-44

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
57	Glenn Dobson	Panthers	762	2:14:49.8	490	0:23:43.5	574	68	1:02:17.4	489	58	0:48:48.9	370	42
58	Glen Ibell	Panthers	772	2:14:50.0	491	0:16:44.5	238	25	1:01:42.8	476	55	0:56:22.7	526	64
59	Gregory Jones	Panthers	773	2:15:22.1	495	0:20:32.7	497	60	1:03:42.2	517	64	0:51:07.2	446	50
60	Terry Day	Gunnedah	763	2:15:35.1	498	0:16:59.8	266	30	0:53:42.5	208	21	1:04:52.8	576	71
61	Peter Egan	Orange	746	2:15:45.5	499	0:17:47.3	342	44	1:04:31.7	525	65	0:53:26.5	488	57
62	Dominic Boidin		765	2:16:50.9	510	0:15:36.8	145	12	1:07:33.2	552	68	0:53:40.9	492	58
63	Stuart Barrie		727	2:16:59.5	512	0:21:02.9	514	62	1:03:29.3	512	63	0:52:27.9	473	56
64	Milo Forster		769	2:17:42.5	520	0:21:52.9	540	63	1:01:40.5	474	54	0:54:09.1	500	61
65	Mick Kilham		767	2:18:27.4	522	0:21:53.3	541	64	1:10:57.3	572	71	0:45:36.8	258	33
66	Robert Williamson		743	2:19:02.9	526	0:22:55.1	559	66	1:06:11.6	540	67	0:49:56.2	403	45
67	Peter McLean		739	2:19:38.9	528	0:17:28.6	314	37	1:00:06.4	448	52	1:02:05.9	564	70
68	James Johnson	Cronulla	735	2:19:52.0	533	0:19:54.3	464	56	1:05:09.0	530	66	0:54:48.7	507	62
69	Brad Playford	BRAT	729	2:22:40.0	547	0:16:04.5	171	16	0:58:25.6	404	47	1:08:09.9	582	72
70	Grant Hanrahan		753	2:31:41.7	569	0:22:59.9	563	67	1:10:37.7	571	70	0:58:04.1	538	68
71	Mark W Campbell		775	2:32:38.8	570	0:28:41.8	589	71	1:09:48.6	566	69	0:54:08.4	499	60
72	Rodney Sturch	Macarthur	714	2:43:56.0	587	0:31:30.0	592	72	1:12:59.1	576	72	0:59:28.9	550	69

Males 45-49

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	David Baigent	Cronulla	806	1:40:54.7	38	0:15:20.3	127	4	0:47:48.3	34	1	0:37:48.1	29	1
2	Gary Lloyd	Cronulla	908	1:47:12.8	85	0:16:31.4	216	12	0:51:31.2	131	5	0:39:10.2	57	2
3	Peter Thomas	Warringah	883	1:49:07.3	105	0:16:47.2	245	14	0:51:29.7	130	4	0:40:50.4	98	3
4	Bob Knezevic	Panthers	805	1:50:48.2	131	0:16:45.2	240	13	0:49:51.3	78	2	0:44:11.7	198	10
5	Dave Anderson	Newcastle	876	1:51:50.4	146	0:16:10.5	182	8	0:52:43.1	168	7	0:42:56.8	157	7
6	Wayne McDermont	Panthers	812	1:52:06.8	152	0:16:29.3	212	11	0:53:55.1	218	9	0:41:42.4	125	4
7	Bruce Holland	Lake Macquarie	874	1:53:36.2	179	0:14:43.6	89	1	0:54:59.0	261	15	0:43:53.4	188	8
8	Ian Thomson	Panthers	841	1:54:43.3	199	0:15:16.7	120	3	0:54:29.6	245	13	0:44:57.0	233	14
9	Stephen Hoy	Tamworth	906	1:56:33.4	230		0	0		0	0	1:56:33.4	592	50
10	Peter Williams	Panthers	892	1:56:40.3	232	0:18:23.8	382	24	0:52:58.4	184	8	0:45:18.1	245	17
11	Peter Southgate	Illawarra	885	1:57:11.8	241	0:16:04.0	170	6	0:56:20.3	315	20	0:44:47.5	222	12
12	Michael Scott	Panthers	889	1:57:21.9	245	0:16:06.2	174	7	0:54:27.8	241	11	0:46:47.9	297	21
13	Patrick O'Connor	Warringah	894	1:57:40.6	249	0:19:50.1	460	31	0:55:01.1	263	16	0:42:49.4	154	6
14	Rodney Phillips	Hornsby	898	1:59:08.1	277	0:17:09.4	280	15	0:57:02.1	342	21	0:44:56.6	232	13
15	Barry Pike	Cronulla	846	1:59:41.3	284	0:15:29.5	137	5	0:58:52.4	423	31	0:45:19.4	247	18
16	Wayne Renehan	Tomaree	882	2:00:07.8	288	0:18:05.4	365	22	0:54:43.9	254	14	0:47:18.5	313	25
17	Anthony Suters	Warringah	869	2:00:28.9	297	0:17:18.1	299	18	0:54:22.6	236	10	0:48:48.2	369	28
18	Rodney Turner		854	2:00:37.3	302	0:19:51.9	462	33	0:55:32.6	283	19	0:45:12.8	240	16
19	Jim Prendergast	Panthers	801	2:00:52.5	304	0:20:25.0	491	41	0:55:18.5	272	18	0:45:09.0	238	15
20	Chris Bran	Cronulla	811	2:01:12.1	312	0:15:09.1	113	2	0:57:42.4	373	25	0:48:20.6	352	27
21	Stephen Mangan		905	2:01:18.5	315	0:17:15.3	291	16	1:01:31.7	470	36	0:42:31.5	146	5
22	John Berryman	Dubbo	870	2:01:40.4	326	0:16:15.8	191	9	0:58:31.0	407	30	0:46:53.6	302	23
23	Robert Scott	Illawarra	875	2:02:39.0	341	0:18:50.3	418	26	0:51:09.9	120	3	0:52:38.8	475	39
24	Stephen Connor	Hills	850	2:02:39.5	342	0:19:53.8	463	34	0:58:03.1	388	28	0:44:42.6	218	11
25	Herschel Smith	Warringah	900	2:03:00.4	349	0:18:53.9	422	28	0:57:31.1	365	23	0:46:35.4	290	20
26	Robert Binger	Lake Macquarie	815	2:03:38.8	359	0:17:16.4	295	17	0:59:54.1	444	33	0:48:28.3	286	19
27	Christopher Little	Cronulla	861	2:03:58.2	365	0:18:52.2	421	27	0:55:04.0	264	17	0:50:02.0	405	32
28	Wally Erven	Kiama	808	2:04:28.1	370	0:18:22.6	380	23	0:52:28.0	181	6	0:53:37.5	491	42
29	Phill Stollery		914	2:05:00.5	381	0:19:44.9	455	30	0:57:58.7	397	27	0:47:18.9	311	24
30	Ted Hoskin	Macarthur	857	2:05:22.7	385	0:20:50.7	508	42	0:54:27.9	242	12	0:50:04.1	406	33
31	Alan Whitmore		895	2:05:40.3	390	0:16:24.3	203	10	0:57:23.3	358	22	0:51:52.7	462	38
32	Robert George	Panthers	862	2:07:21.9	406	0:17:37.2	322	20	0:57:58.4	386	26	0:51:46.3	458	37
33	Dennis Parker		844	2:08:39.9	420	0:19:27.7	443	29	0:58:27.4	408	29	0:50:44.8	432	34
34	Warwick Williams	LAPD	814	2:09:12.7	426	0:19:55.7	466	36	0:57:42.2	372	24	0:51:34.8	455	36
35	Stephen May		859	2:09:42.0	432	0:19:55.2	465	35	1:01:48.4	482	37	0:47:58.4	337	26
36	Richard Morris	Botany Bay	865	2:11:00.6	453	0:18:37.9	394	25	0:59:14.8	435	32	0:53:07.9	480	41
37	Ian Templeton	Cronulla	864	2:11:06.8	454	0:21:12.4	518	43	1:01:04.3	463	34	0:48:50.1	373	29
38	Richard Riley		884	2:11:32.9	459	0:24:56.9	581	47	1:02:26.8	490	38	0:44:09.2	197	9
39	Timothy McKinnon		836	2:12:26.0	467	0:20:17.1	485	39	1:01:08.1	465	35	0:51:00.8	439	35
40	Kevin Dixon		881	2:16:13.5	503	0:21:27.5	529	45	1:05:29.8	533	44	0:49:16.2	385	31
41	Greg Thompson	Engadine	903	2:16:42.4	508	0:19:50.7	461	32	1:03:58.0	520	43	0:52:53.7	479	40
42	Angus Thurnburn	LAPD	810	2:18:43.9	524	0:21:21.5	524	44	1:08:12.3	559	46	0:49:10.1	384	30
43	Joe Dimech	LAPD	863	2:19:45.0	532	0:20:03.6	474	37	1:02:52.3	499	39	0:56:49.1	530	43
44	Robert Fraser	Cronulla	817	2:20:26.3	538	0:18:00.7	359	21	1:03:49.9	519	42	0:58:35.7	542	45
45	Christopher Cooper	Panthers	890	2:21:31.3	541	0:17:22.1	305	19	1:02:52.7	500	40	1:01:16.5	562	46
46	Bruce Wilkinson	Forster	868	2:21:36.6	542	0:20:07.7	476	38	1:03:32.2	514	41	0:57:56.7	536	44
47	Ian Cross	Panthers	879	2:31:02.1	567	0:20:20.0	486	40	1:05:45.6	537	45	1:04:56.5	577	49
48	David Kelly		842	2:31:11.3	568	0:23:05.9	565	46	1:21:16.2	587	49	0:46:49.2	298	22
49	Brian Elliott		823	2:35:51.8	576	0:25:17.2	582	48	1:09:09.5	564	47	1:01:25.1	583	47
50	Vincent King		901	2:47:20.1	589	0:29:03.0	590	49	1:14:45.0	581	48	1:03:32.1	573	48

Nepean Triathlon

Category Results

Males 50-54

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Anthony James	Warringah	860	1:48:12.9	95	0:15:55.0	163	3	0:50:04.8	89	2	0:42:13.1	136	3
2	Graham.J Smith	Panthers	891	1:49:00.7	102	0:17:47.3	341	10	0:49:36.2	72	1	0:41:37.2	120	2
3	Doug Edwards	UTS	834	1:49:11.5	108	0:17:39.1	327	9	0:50:37.6	100	3	0:40:54.8	100	1
4	Robert Howitt	Warringah	899	1:53:11.4	172	0:14:36.6	84	1	0:51:36.2	135	5	0:46:58.6	304	14
5	Ron Wilson	Balmoral	826	1:55:01.8	202	0:16:25.7	204	5	0:54:07.2	224	8	0:44:28.9	209	5
6	Peter Shields	Macarthur	843	1:55:04.2	204	0:15:49.4	160	2	0:53:10.3	192	6	0:46:04.5	274	12
7	Leif Schnoor	Panthers	840	1:55:08.6	207	0:18:10.8	369	11	0:51:00.9	113	4	0:45:56.9	270	11
8	John Thorndike	Panthers	856	1:58:05.9	258	0:20:20.5	488	22	0:55:24.9	276	9	0:42:20.5	138	4
9	Allan Edmondson		848	1:59:01.4	273	0:17:25.7	311	8	0:56:13.0	311	12	0:45:22.7	249	8
10	Gary Fairweather	Panthers	837	1:59:07.3	276	0:18:36.9	392	14	0:55:39.3	286	11	0:44:51.1	228	7
11	Eugene Irvin	LAPD	827	1:59:51.6	286	0:16:51.4	252	6	0:57:11.4	348	16	0:45:49.0	265	10
12	Colin Howard		818	2:00:26.2	296	0:19:16.8	439	18	0:56:38.2	328	14	0:44:31.2	212	6
13	Lance McDonald		851	2:02:20.3	338	0:18:16.7	373	12	0:56:16.4	312	13	0:47:47.2	328	15
14	Garry O'Sullivan		830	2:02:26.3	339	0:18:38.2	398	15	0:53:36.0	206	7	0:50:12.1	415	22
15	Peter McGowan	Warringah	831	2:03:06.0	350	0:17:11.2	285	7	0:57:40.4	371	18	0:48:14.4	346	16
16	Brian Pratt		867	2:04:36.2	371	0:19:34.4	447	19	0:55:26.6	277	10	0:49:35.2	390	19
17	Peter Pracy	Macarthur	824	2:05:25.6	366	0:19:01.2	427	17	0:56:41.1	329	15	0:49:43.3	395	20
18	Greg Chapman	Panthers	907	2:08:50.1	421	0:19:36.9	452	20	0:57:36.6	368	17	0:51:36.6	456	24
19	Bob Montgomery	Panthers	832	2:09:23.9	431	0:23:45.7	575	32	0:58:55.4	428	19	0:46:42.8	293	13
20	Neil Bartlett	Engadine	845	2:09:50.1	437	0:20:28.9	495	24	1:00:23.5	453	22	0:48:57.7	378	18
21	Michael Tompkins		825	2:10:01.9	441	0:21:23.0	525	27	1:00:16.3	451	21	0:48:22.6	356	17
22	Stephen Miller		807	2:13:14.7	476	0:18:33.5	388	13	1:02:46.0	493	24	0:51:55.2	464	25
23	Arthur Huxtable		833	2:13:30.9	479	0:20:09.7	478	21	1:07:38.7	554	31	0:45:42.5	260	9
24	Allan Murray		878	2:14:27.8	488	0:21:16.1	520	26	1:03:00.1	505	27	0:50:11.6	414	21
25	Graham Willis		909	2:18:51.6	525	0:23:08.6	567	31	1:02:49.2	495	26	0:52:53.6	478	26
26	Anthony Gee		897	2:19:53.3	534	0:21:05.6	515	25	1:05:31.8	534	29	0:53:15.9	482	27
27	John Ross		819	2:20:24.3	536	0:21:45.8	536	29	1:05:15.6	532	28	0:53:22.9	485	28
28	Allan Parry	Hills	887	2:22:52.0	548	0:16:22.9	199	4	1:02:47.4	494	25	1:03:41.7	574	32
29	Andrew Joseph	Warringah	829	2:23:04.1	549	0:20:27.3	493	23	1:01:45.0	479	23	1:00:51.6	560	31
30	Glenn Maillard		855	2:26:33.8	556	0:18:50.9	420	16	1:07:01.0	548	30	1:00:41.9	559	30
31	Trevor Hamilton		853	2:28:22.9	558	0:24:56.7	580	35	1:12:56.9	575	33	0:50:29.3	424	23
32	Kerry Moore	Hawkesbury	822	2:37:47.6	578	0:22:43.6	556	30	1:10:06.3	568	32	1:04:57.5	578	33
33	Donald Stewart	Panthers	915	2:37:58.0	580	0:21:26.3	528	28	0:59:57.7	446	20	1:16:34.0	589	35
34	Bob Ferguson		893	2:38:12.9	581	0:23:47.9	576	33	1:15:06.7	593	34	0:59:18.3	548	29
35	Greg Davies		888	2:53:30.8	590	0:23:56.5	578	34	1:17:03.1	585	35	1:12:31.3	585	34

Males 55-59

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	David Wilson	Macarthur	803	1:54:51.2	201	0:17:51.9	349	2	0:52:29.7	163	1	0:44:29.6	210	2
2	Peter Maundrell		866	1:58:27.3	263	0:16:52.7	255	1	0:54:03.0	221	2	0:47:31.6	319	4
3	Jack Robertson		871	1:59:49.0	285	0:19:58.9	470	5	0:56:02.2	304	4	0:43:47.9	184	1
4	Dieter Reithmeier	Cronulla	880	2:01:38.2	325	0:20:22.0	490	6	0:55:45.6	293	3	0:45:30.6	253	3
5	Nelson Rainey	Hills	821	2:05:04.4	382	0:19:14.1	438	4	0:56:12.2	309	5	0:49:38.1	394	5
6	Allan Garrick	LAPD	904	2:11:46.7	460	0:18:48.9	412	3	0:57:22.0	357	8	0:55:35.8	518	8
7	Vincent O'Dwyer	Kiama	835	2:12:53.8	472	0:21:34.9	531	7	0:56:38.1	327	6	0:54:40.8	506	6
8	Bob Gay	LAPD	820	2:13:46.4	483	0:21:38.2	532	8	0:56:54.6	338	7	0:55:13.6	513	7
9	Peter Smith		896	2:28:57.7	559	0:23:13.4	571	9	1:06:12.8	541	9	0:59:31.5	551	9
10	John Simmonds	Balmoral	828	2:34:32.4	572	0:23:22.2	573	10	1:08:36.3	561	10	1:02:33.9	566	10
11	Jim Fitzgerald		852	2:55:22.5	591	0:28:37.8	588	11	1:13:59.0	580	11	1:12:45.7	586	11

Males 60 +

C/Plc	Name	From	No.	Time	O/Plc	Swim	Plc	C.Plc	Cycle	Plc	C.Plc	Run	Plc	C.Plc
1	Bill Raimond	Illawarra	802	1:57:22.7	246	0:20:21.2	489	3	0:55:58.7	300	2	0:41:02.8	103	1
2	Bruce Higginbotham	Mingara	849	2:05:26.5	367	0:23:12.1	570	7	0:53:52.7	217	1	0:48:21.7	355	2
3	Justin Paine	Kempsey	873	2:09:16.9	428	0:20:43.6	501	4	0:57:49.7	378	3	0:50:43.6	431	4
4	Tom Irwin	Macarthur	804	2:11:16.1	457	0:19:46.7	458	2	1:01:07.1	464	5	0:50:22.3	419	3
5	Terry Vineburg	Macarthur	877	2:13:25.9	477	0:20:47.4	504	5	0:58:21.0	400	4	0:54:17.5	502	5
6	Bob Southwell	Cronulla	800	2:29:06.2	561	0:19:12.1	436	1	1:06:08.6	539	7	1:03:45.5	575	9
7	Allan Harrison	LAPD	813	2:29:25.6	563	0:23:04.8	564	6	1:05:56.0	538	6	1:00:24.8	556	7
8	Robert Winter	Hills	886	2:35:16.6	575	0:28:02.3	587	8	1:10:13.7	569	8	0:57:00.6	531	6
9	Joseph Byrne		838	3:02:29.3	592	0:29:29.0	591	9	1:30:15.5	589	9	1:02:44.8	569	8

THANK YOU

The race committee would like to thank the following people and organisations for contributing to the success of the 2000 WESTERN WEEKENDER Nepean Triathlon:

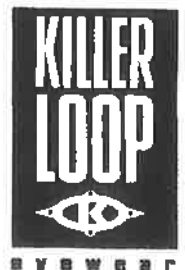
WESTERN WEEKENDER - Greg Evans and Bernard Bratusa
PANTHERS - Roger Cowan, Rob Weavers and Glen Matthews
UNIVERSE CYCLES - Rob Sepping
NEW BALANCE - Angus Treloar
HOT DESIGNS - Sue Carol and Felicia White
KILLER LOOP SUNGLASSES - Katie Holmes
PROFILE & BELL SPORTS - Karen Fogarty
POWERADE - Hartley Anderson
KELLOGGS - Stuart Lovell
POWERBAR - David Williams
THE NEPEAN COLLEGE OF NATURAL THERAPEUTICS - John Crothers
PENRITH VALLEY VISITORS CENTRE - Bindi Gove and Anthony Jones
SNAP PRINTING, ST MARYS - Warren Hurst
BELINDA SOSZYN - Race Commentary
RTA - Traffic Control Centre
PENRITH CITY COUNCIL - Ex Mayor John Bateman and Craig Ross
PENRITH POLICE - Sgt John Milton
PANTHERS TRIATHLON CLUB
PRESENTATION CEREMONY - The Hon. Jackie Kelly MP, Federal Minister for Sport
- Mayor of the City of Penrith - David Bradbury

Proceeds on the day are distributed to the following organisations who help control the event on the day:

Penrith Red Cross
Penrith Volunteer Bush Fire Brigade
Emu Plains Cricket Club
Merrylands Rovers Club
Rotary on behalf of The Nepean College of Natural Health Therapies
Penrith Kayak Club
Yamaha Motor Cycle Club
G & B Timing
Nepean Swimming Club



UNIVERSE CYCLES



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